



Family to Family Health Care Information & Education Center (F2FHIC)

Educating and Connecting Caregivers to Home- and Community-Based Support for Children with Special Health Care Needs

Texas Parent to Parent operates a F2F Center to provide information, education and training opportunities for professionals and families of children with disabilities and special health care needs. In a variety of ways, F2F Centers assist families in the complex and vital decisionmaking involved with how best to care for their children in home and integrated community settings. As children become young adults, help is available for families facing how to best support children as they leave home.

F2F Activities

- TxP2P provides general information and referrals to programs, services, and benefits that can help children stay in their community and progress in their development. This information referral may also come from an extensive online resource directory to link families with individualized services for a child based on the family's personal situation, including where they live in Texas, income level, the age of the child and the type of health care needs and/or disabilities.
- TxP2P educates and trains parents, parent groups, service providers and other professionals who provide health care services and resources for children with special health care needs. These trainings occur throughout the year and cover all regions of the state.
- TxP2P matches parents one-on-one with a Supporting Parent Volunteer to provide information, referrals, health care information, and emotional support to new parents or parents new to the specific special health care need or related issues.
- TxP2P has developed a Transition Program for parents of teens and young adults to provide planning and assistance as young people anticipate leaving home. Currently, this occurs through a variety of written articles and communication, one-on-one support with TxP2P's dedicated Transition Coordinator, and trainings.
- TxP2P fosters community among parents of children with a disability or special health care needs in a variety of ways, which is constantly evolving. Peer support, discussion, and interaction occur through online listservs, our annual statewide parent conference, matches with Supporting Parent Volunteers, and providing technical assistance for other local and regional parent groups in Texas.
- TxP2P collaborates with Family to Family Health Care Information and Education Centers in other states to benefit families. In addition, TxP2P partners with the Texas Department of State Health Services on best practices and findings from resource dissemination.

- TxP2P encourages and supports parents with a passion and aptitude to become parent leaders in health care policymaking and advocacy to improve circumstances for families now and in the future.

F2F History

F2F Centers are part of the Real Choice Systems Change grants, which is a part of the U.S. Department of Health and Human Services, and is designed to help people with disabilities exercise meaningful choices about how and where to live. This program began with the President's New Freedom Initiative, which promotes community living for individuals with disabilities and long-term illness. The F2F Center grants were created to establish family-run centers that provide information, education and training opportunities for families of children with disabilities and special health care needs. Family Voices, a national grassroots network of families and friends speaking on health care issues on behalf of children with special health care needs, was instrumental in passing the legislation that established the F2F Centers. Family Voices currently provides technical assistance to the 51 F2F Centers across the nation on behalf of the federal government.

Contact Us

For more information and details about the TxP2P F2FHIC, contact Executive Director Laura Warren at Laura@TxP2P.org.



About Texas Parent to Parent

Headquartered in Austin and one of 33 Parent to Parent programs across the nation, Texas Parent to Parent (P2P) is a nonprofit of parent advocates committed to better lives for Texas children who have disabilities, chronic conditions and/or special healthcare needs. Parents and caregivers receive one-on-one support, resource referral and education to help their children. Since 2002, Texas P2P has helped more than 2,900 families.