



Texas Parent to Parent

Texas Parent to Parent Rio Grande Valley Resource Information

Texas Parent to Parent

(512) 458-8600

(866) 896-6001

www.txp2p.org

A statewide non-profit developed for parents by parents: provides parent to parent matches, support, information, website, resource, newsletter, etc.

Mission:

Texas Parent to Parent supports children with disabilities, chronic illness, and other special healthcare needs by empowering their parents to be advocates for them through peer support, resource referral and public awareness.

Local Resources

ECI (Early Childhood Intervention)

Early childhood intervention services to families with children 0-3 years that have developmental delays. Provider based on zip-code; call 1-800-628-5115 or one of the four agencies listed to locate provider for your area.

Easter Seals	(956) 631-9171
Region 1 ESC-ECI	(956) 984-6000
Border Region MHMR	(956) 794-3486
Camino Real Community MHMR Center	(800) 491-5201
Tropical Texas Center for MHMR	(956) 289-7000

Texas Migrant Council, Inc. (Child Find/Head Start)

Rio Grande Valley Region 6wks – 5 years old

(956) 487-2600

www.tmccentral.org

Border Region MHMR Community Center (Mental Health & Mental Retardation)

(956) 794-3000

Linkages to other services and waiting lists, respite, case management
(Jim Hogg, Starr, Webb & Zapata Counties)

<http://www.borderregion.org/>

Tropical Texas Behavioral Health

(956) 289-7000

Cameron, Hidalgo & Willacy Counties

www.ttbh.org



Local Resources (Continued)

VAIL CIL (Center for Independent Living in Brownsville & Harlingen)
(956) 781-7733

The Arc of Texas Rio Grande
(956) 447-8408 Provides case management, respite, pantry services and ARD support.

El Valle Community Parent Resource Center
(956) 969-3611
www.tfavalleycenter.org

TEAM Project, Partners Resource Network
(956) 581-4960 Parent Training & Information

Region One (Education Service Center)
(956) 984-6000 AIM HIGH (Autism Insight and More Helpful Information)

Lower Rio Grande Valley Area Agency on Aging (956) 682-3481 (ext. 116)
Part of the CMS Medicare Rx Volunteer Initiative. Provides free assistance to people with Medicare/Medicaid to understand the options for prescription drug plans.

Very Important!!

There are three waiting lists you should get on now for services that will make a big difference later:

CLASS (Community Living & Support Services)	(877) 438-5658
MDCP (Medically Dependant Children's Program)	(877) 438-5658
HCS (Home & Community Services)	(800) 458-9858

These programs provide funding, based on the income of the individual with disabilities (not the family), for therapies, assisted/supported living, home and vehicle modifications, nursing, adaptive aids and more. Waiting lists are years long; so sign up now!



Local Support Groups:

Help Hope & Humanity	(956) 631-9171
Parents for M.A.S.H.	(956) 686-8096
Parents Supporting Parents Network, RGV	(956) 447-8408
PASS (Parents Advocating for Student Success)	(956) 551-0762
Parent Support Group for families of Children with Down Syndrome	(956) 631-9171
Parent Support Group for Parents of Pre-School Children with Down Syndrome	(956) 781-7078
NAMI (National Society for the Mentally Ill) South Texas	(956) 630-6792
NAMI (National Society for the Mentally Ill) McAllen Support	Or (956) 624-4960 (956) 686-1295 Or (956) 630-6792
ACES 3 Autism Support Group	(956) 686-8485
Milestones for Moms	(956) 661-0475 Or (956) 618-2190
Bilingual Autism Support Group	(888) 847-8688
Traumatic Brain Injury Support Group	(956) 380-6550



Other Helpful Numbers

SSI (Supplemental Security Income)

Monthly payment and Medicaid - dependent on family income

Toll Free

(800) 772-1213

2-1-1 Texas

United Way's comprehensive, confidential information and community referral program with a computerized database of services that serves Texas residents.

Ronald McDonald House Charities of the Rio Grande Valley (956) 412-7200

Brownsville Society for Crippled Children, Inc. (Moody Clinic) (956) 542-8504
(Therapies, etc.)

**Attorney General's Office –
Child Support Enforcement** (956) 574-6315

Texas Rio Grande Legal Aid Society, Inc. (956) 727-5191

Americas Disability Advocate (legal help) (956) 631-4357

Food Bank of the Rio Grande (956) 682-8101

**For more resources, including resources in other cities/counties of Texas
please visit the Resource Directory on our website at**

www.txp2p.org