



Texas Parent to Parent

# Texas Parent to Parent Statewide Resource Information

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## **Texas Parent to Parent**

(512) 458-8600

(866) 896-6001

[www.txp2p.org](http://www.txp2p.org)

A statewide non-profit developed for parents by parents: provides parent to parent matches, emotional support, information, websites, resources, newsletter, training, etc.

### **Mission:**

Texas Parent to Parent supports children with disabilities, chronic illness, and other special healthcare needs by empowering their parents to be advocates for them through peer support, resource referral and public awareness.

## **Services**

### **The Arc of Texas**

(800) 252-9729

[www.thearcoftexas.org](http://www.thearcoftexas.org)

The Arc of Texas is affiliated with the Arc of the United States and has 48 chapters in Texas working to provide additional supports and services to families throughout the State.

### **Department of Assistive and Rehabilitative Services (DARS)**

#### **ECI (Early Childhood Intervention)**

(800) 628-5115

[www.dars.state.tx.us/ecis/](http://www.dars.state.tx.us/ecis/)

Therapies for children, birth to 3-years-old, provided in home; evaluation of child's physical and mental development. Provision of services related to disability (OT, PT, and Speech). Call to locate provider in your area (based on zip code).

### **Department of Assistive and Rehabilitative Services (DARS)**

#### **Formerly TRC (Texas Rehabilitation Commission)**

(800) 628-5115

[www.dars.state.tx.us](http://www.dars.state.tx.us)

Rehabilitation programs for children and adults over 16 and up to help Texans with disabilities lead more independent and productive lives.

### **Division for Blind Services (DARS)**

#### **Formerly Texas Commission for the Blind**

(800) 628-5115

[www.dars.state.tx.us/dbs/](http://www.dars.state.tx.us/dbs/)

For service centers in your region of the state please visit their website.

### **Office of Deaf and Hard of Hearing Services**

#### **Formerly Texas Commission for the Deaf**

(512) 407-3250 (Austin area)

(512) 407-3251 TTY

(800) 628-5115

(866) 581-9328 TTY

[www.dars.state.tx.us/dhhs/index.shtml](http://www.dars.state.tx.us/dhhs/index.shtml)

For service centers in your region of the state please visit their website.



## Services (continued)

### Department of Aging and Disability Services (DADS)

#### **Formerly MHMR (Mental Health & Mental Retardation)**

**(800) 458-9858** Provides some services and financial programs like respite money, In-Home and Family Support program and Medicaid waiver programs  
[www.dads.state.tx.us](http://www.dads.state.tx.us)

### CSHCN - Children with Special Health Care Needs

**(800) 252-8023** The Children with Special Health Care Needs (CSHCN) is made up of several programs that provide services to children with extraordinary medical needs, disabilities, and chronic health conditions. The CSHCN health care benefits program pays for medical care, family support services, and related services not covered by Medicaid, CHIP, private insurance, or other "third party payor."

[www.dshs.state.tx.us/cshcn](http://www.dshs.state.tx.us/cshcn)

## Education

**Parent Training and Information Centers (PTI)** - Parents of infants, toddlers, children and youth throughout the state of Texas are served under three regional PTI's funded by the U.S. Department of Education, Office of Special Education Programs. Services include training, education, information and referral, emotional support, and technical assistance.

**(800) 866-4726 Partners Resource Network, Inc.**

[www.PartnersTX.org](http://www.PartnersTX.org)

**PATH Project** PTI serving Beaumont, Huntsville, Austin, Waco, Dallas,  
**Coordinating Office** Fort Worth, Wichita Falls, and East Texas  
**(800) 866-4726**

### **Parent Education Network**

**(PEN)** PTI serving Lubbock, Amarillo, Abilene, Midland/Odessa, San Angelo,  
**Coordinating Office** and El Paso  
**(877) 762-1435**

### **Together Everyone Achieves More**

**(T.E.A.M.)** PTI serving Central and South Texas including Houston, San Antonio,  
**Coordinating Office** Corpus Christi, Victoria and the Rio Grande Valley  
**(877) 832-8945**

### **WrightsLaw**

**(866) 398-1022** Information about special education law and advocacy for children  
[www.wrightslaw.com](http://www.wrightslaw.com) with disabilities.



## **Advocacy**

### **Disability Rights Texas**

**(800)-252-9108**

A Federally funded agency (every state has one) that advocates for people with disabilities. They can only help people whose issues are one of their current priorities although their website has lots of useful information and they can send you information. Sometimes a call can get you an answer to a specific question. State office located in Austin, with branches around the state.

[www.disabilityrightstx.org](http://www.disabilityrightstx.org)

## **Insurance**

### **The Texas Health Insurance Pool**

**(888) 398-3927**

Risk pool for those persons who are uninsurable

[www.txhealthpool.org](http://www.txhealthpool.org)

### **CHIP- Children's Health Insurance Program**

**(800) 647-6558**

A national program designed for families who earn too much money to qualify for Medicaid, yet cannot afford to buy private insurance.

[www.hhsc.state.tx.us/chip/index.html](http://www.hhsc.state.tx.us/chip/index.html)

### **HIPP –Health Insurance Premium Payment Reimbursement Program**

**(800) 440-0493**

This is a Medicaid program that pays for the cost of premiums, coinsurance, deductibles, and other cost sharing. The program reimburses the policy holder due to private health insurance payroll deductions for Medicaid eligible persons when it is determined to be cost effective.

[www.gethipptexas.com](http://www.gethipptexas.com)

### **Medicaid**

**(800) 252-8263**

Low-income families may qualify for this program by income or in extreme situations when medical expenses exceed income .you can also see website for various other Medicaid programs like Kidney Health Care, Medical Transportation and others

[www.hhsc.state.tx.us/medicaid/contacts.html](http://www.hhsc.state.tx.us/medicaid/contacts.html)

### **SSI (Supplemental Security Income)**

**(800) 772-1213**

Monthly payment and Medicaid; based on family income and resources if child is under age 18; based on individual if over age 18.

[www.ssa.gov/](http://www.ssa.gov/)

### **Pre-Existing Condition Insurance Plan (PCIP)**

**(866) 717-5826**

Federal Program – Providing health coverage for eligible children and adults with pre-existing conditions.

[www.pcip.gov](http://www.pcip.gov)



## **Transportation**

### **Medical Transportation Program (through TX Dept. of Transportation)**

**(877) 633-8747** Provides eligible Medicaid clients, under 21 with non-emergency transportation services to Medicaid covered medical and dental care.

[www.hhsc.state.tx.us/QuickAnswers/GetRide\\_FAQs.shtml](http://www.hhsc.state.tx.us/QuickAnswers/GetRide_FAQs.shtml)

## **Medicaid Waiver Programs**

These programs are based on child's income (not the parents) in order for them to qualify for Medicaid and receive additional services that will allow a child to remain in the community as opposed to a nursing home or institution. The programs provide funding for a personal attendant, respite, therapies, adaptive aids, home and vehicle modifications, etc.

The below listed programs are all found on the following website:

[www.dads.state.tx.us](http://www.dads.state.tx.us)

### **MDCP (Medically Dependent Children's Program)**

**(877) 438-5658** This program provides a variety of services to support families caring for children who are medically dependent and to keep the children in their communities.

[www.dads.state.tx.us/services/faqs-fact/mdcp.html](http://www.dads.state.tx.us/services/faqs-fact/mdcp.html)

### **In-Home and Family Support Services**

**(877) 438-5658** This program provides direct grant benefits to adults and children with disabilities to purchase services to let them live in the community.  
(Waiting list)

[www.dads.state.tx.us/services/faqs-fact/ifs.html](http://www.dads.state.tx.us/services/faqs-fact/ifs.html)

### **CLASS (Community Living Assistance Support Services)**

**(877) 438-5658** This program provides home- and community-based services to people with related conditions as a cost-effective alternative to placement in an intermediate care facility. (A related condition is a disability, other than mental retardation, that originated before age 22 and that affects the ability to function in daily life.) (Waiting list)

[www.dads.state.tx.us/services/faqs-fact/class.html](http://www.dads.state.tx.us/services/faqs-fact/class.html)

### **Community Based Alternatives (CBA)**

**(800) 458-9858** This program provides home- and community-based services to people who are elderly and to adults with disabilities as a cost-effective alternative to living in a nursing home. (Waiting list)

[www.dads.state.tx.us/services/faqs-fact/cba.html](http://www.dads.state.tx.us/services/faqs-fact/cba.html)



## **Medicaid Waiver Programs, cont'd**

### **MRLA (Mental Retardation Local Authority) or HCS (Home and Community Services)**

**(800) 458-9858**

MHMR Medicaid waiver programs  
(Waiting list)

[www.dads.state.tx.us/services/faqs-fact/hcs.html](http://www.dads.state.tx.us/services/faqs-fact/hcs.html)

You may need to contact your local Texas Department of Aging and Disability Services to find out what specific Medicaid Waiver Programs are available in your area.

## **National Resources**

### **NICHCY (National Dissemination Center for Children with Disabilities)**

**(800) 695-0285**

Disability library and information on related services; produces state resource sheet.

<http://nichcy.org>

### **Exceptional Parent Magazine**

**(877) 372-7368**

Monthly magazine for parents and professionals; National website includes resources for parent to parent programs; information and referral centers, disability library, services, products and much more.

[www.eparent.com](http://www.eparent.com)

### **Family Village**

[www.familyvillage.wisc.edu](http://www.familyvillage.wisc.edu)

A global community that integrates information, resources, disabilities library and communication opportunities on the internet

### **NORD (National Organization for Rare Disorders)**

**(800) 999-6673**

Information and referrals on rare disorders

[www.rarediseases.org](http://www.rarediseases.org)

### **MUMS (Mothers United for Moral Support)**

**(920) 336-5333**

**(877) 336-5333**

**(toll free for parents only)**

[www.netnet.net/mums/](http://www.netnet.net/mums/)

National parent to parent network which provides information and emotional support to parents whose child has a rare disorder.



## **National Resources, cont'd**

### **NIH (National Institute of Health)**

**(301) 496-4000**

**[www.nih.gov](http://www.nih.gov)**

Stephen Groft at the office of rare diseases provides information on which hospitals and physicians are doing research or clinical trials on any disease

### **NAMI (National Association for Mental Illness)**

**(800) 950-6264**

**[www.nami.org](http://www.nami.org)**

Provides information and training programs for caregivers of individuals with mental health issues or brain disorders

### **National Fathers Network**

**[www.fathersnetwork.org/](http://www.fathersnetwork.org/)**

Provides training and emotional support for fathers of children with special health care needs and developmental disabilities.

**Please visit our website Resource Directory for other resources that may be available in your area. We appreciate your notifying us of any changes that may need to be made to this list or the website. [www.txp2p.org](http://www.txp2p.org)**