Providing support and information for families of children
with disabilities, chronic illness and other special health care needs

# Disability Services ASAP (A Safety Awareness Program) for Teens and Young Adults with Disabilities

**Cema Mastroleo, SafePlace, Austin**

SafePlace in Austin offers presentations for groups of teens and adults with disabilities on personal safety, healthy relationships, and sexuality, as well as trainings for family members and disability service professionals. These trainings are available within Travis County for free and outside Travis County for a fee of $50 an hour, minimum of 3 hours. For training requests, contact Cema Mastroleo at or cmastroleo@SafePlace.org or 512-356-1588

The agency also offers a monthly personal safety class at SafePlace on the last Thursday of each month at 4:00 p.m. Contact Lee Ann Cameron at lcameron@SafePlace.org or 512-356-1534.

One of TxP2P staff hosted a series of meetings for her teenager and some of her friends and felt it was beneficial for the girls as well as for the moms who met during the same time. The girls loved having someone who was not their mom to ask questions to about boys, hugging, etc. Cema emphasized safety and awareness with this group of girls also.SafePlace also offers a Resource Lending Library and Informational Fact Sheets on topics related to abuse and violence prevention, sexuality education, healthy relationships, and personal safety pertaining to people with disabilities. For more information, please contact Lesley Landry at or llandry@SafePlace.org or 512-356-1590.

For more information on the Disability Services ASAP (A Safety Awareness Program) at SafePlace contact them at 512-267-SAFE (7233); TTY: 512-927-9616 or www.safeplace.org