



Texas Parent to Parent Dallas, Ft. Worth and Vicinity Resource Information

Texas Parent to Parent

(512) 458-8600

(866) 896-6001

www.txp2p.org

A statewide non-profit developed for parents by parents: provides parent to parent matches, support, information, website, resource, newsletter, etc.

Mission:

Texas Parent to Parent supports children with disabilities, chronic illness, and other special needs by empowering their parents to be advocates for them through peer support, resource referral and public awareness.

Local Resources

Please note that there are too many resources in the metropolitan area to list all of them. The Arc of Dallas, Texas Scottish Rite Hospital's Family Resource Center, UCP, United Way and many others have information and referral services. You may also visit the Resource Directory on our website.

ECI (Early Childhood Intervention)

Early childhood intervention services to families with children 0-3 years that have developmental delays. Provider based on zip-code; call 1-800-250-2246 or one of the three agencies listed to locate provider for your area.

Dallas County

(972) 503-1709

Tarrant County

(817) 446-8000 or (888) 754-0524

Surrounding Counties (ECI Care Line)

(800) 628-5115

SSI (Supplemental Security Income)

(800) 772-1213

Monthly payment and/or Medicaid - dependent on family income

(800) 325-0778 TTY

www.ssa.gov

Dallas Metrocare (Mental Health & Mental Retardation Services)

(214) 743-1200

Linkages to other services and waiting lists, respite, case management

www.dallasmetrocare.com

MHMR of Tarrant County (Mental Health & Mental Retardation)

(817) 569-4300

Linkages to other services and waiting lists, respite, case management

www.mhmrtc.org

The Arc of Texas

(800) 252-9729

The Arc of Texas is affiliated with the Arc of the United States and has 48 chapters in Texas working to provide additional supports and services to families throughout the State.

www.thearcoftexas.org



Local Resources (Continued)

The Arc of Dallas

(214) 634-9810

www.arcdallas.org

Provides information and referral, continuing education, social & leadership activities, parent & professional education and more!
Also publishes a resource guide for Dallas & vicinity.

The Arc of Greater Tarrant County

(817) 877-1474

www.arcgtc.org

Provides advocacy assistance, special education assistance, parent support groups, information and referral, and more.

Texas Scottish Rite Hospital

(214) 559-5000

www.tsrhc.org

Provides in-patient and out-patient orthopedic and neurological services for children up to 18 years old. Also provides services for specific learning disabilities, as well as dental and vision clinics. No fee for treatment. Comprehensive social services are available and they have a Resource Library for families.

UCP of North Texas/Greater DFW Service Center

(214) 351-2500

www.ucpdallas.org

Provides services for children, adults and the families of people with severe disabilities; includes case management, information & referral, advocacy, day services and more.

Division of Blind Services (DARS)

(Formerly Texas Commission for the Blind)

(800) 628-5115

www.dars.state.tx.us/dbs/

For service centers in your region of the state please visit their website.

Office of Deaf and Hard of Hearing Services

(Formerly Texas Commission for the Deaf)

(800) 628-5115

(866) 581-9328 TTY

www.dars.state.tx.us/dhhs/index.shtml

For service centers in your area of the state please visit their website.

Department of Assistive and Rehabilitative Services (DARS)

Formerly TRC (Texas Rehabilitation Commission)

(800) 628-5115

www.dars.state.tx.us

Rehabilitation programs for children and adults over 16 and up; to help Texans with disabilities lead more independent and productive lives. For service centers in your area of the state please visit their website.



Other Helpful Numbers

Down Syndrome Guild

(214) 267-1374

www.downsyndromedallas.org

Autism Society of America-Collin County Chapter

(214) 925-2722

<http://autism-ascc.org>

Autism Society of Greater Tarrant County

(817) 390-2829

www.asgtc.org

NAMI-Dallas (National Alliance for the Mentally Ill)

(214) 341-7133

www.namidallas.org

A self-help, support and advocacy organization of consumers, families, professionals, and friends of people with mental illness.

2-1-1 Texas

On-line search

www.211.org

United Ways comprehensive, confidential information and community referral program with a computerized database of services that serves Texas residents.

Very important!!

There are three waiting lists you should get on now for services that will make a big difference later:

CLASS (Community Living Assistance Support Services)

(877) 438-5658

MDCP (Medically Dependant Children's Program)

(877) 438-5658

MRLA (Mental Retardation Local Authority) or

HCS (Home and Community Services)

(800) 252-8154

These programs provide funding, based on the income of the individual with disabilities (not the family), for therapies, assisted/supported living, home and vehicle modifications, nursing, adaptive aids and more. Waiting lists are years long, so sign up now!