



# Texas Parent to Parent Rio Grande Valley Resource Information

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## Texas Parent to Parent

(512) 458-8600

(866) 896-6001

[www.txp2p.org](http://www.txp2p.org)

A statewide non-profit developed for parents by parents: provides parent to parent matches, support, information, website, resource, newsletter, etc.

### Mission:

Texas Parent to Parent supports children with disabilities, chronic illness, and other special needs by empowering their parents to be advocates for them through peer support, resource referral and public awareness.

## Local Resources

### ECI (Early Childhood Intervention)

Early childhood intervention services to families with children 0-3 years that have developmental delays. Provider based on zip-code; call 1-800-250-2246 or one of the four agencies listed to locate provider for your area.

Easter Seals	(956) 631-9171
Region 1 ESC-ECI	(956) 782-2782
Border Region MHMR	(956) 794-3486
Camino Real Community MHMR Center	(800) 543-5201
Tropical Texas Center for MHMR	(956) 289-7000

### Texas Migrant Council, Inc. (Child Find/Head Start)

Rio Grande Valley Region 6wks – 5 years old

(956) 464-5000

[www.tmccentral.org](http://www.tmccentral.org)

### Border Region MHMR Community Center (Mental Health & Mental Retardation)

(956) 794-3000

Linkages to other services and waiting lists, respite, case management  
(Jim Hogg, Starr, Webb & Zapata Counties)

<http://www.borderregion.org/>

### Tropical Texas Behavioral Health

(956) 383-0121

Cameron, Hidalgo & Willacy Counties

[www.ttbh.org](http://www.ttbh.org)



## Local Resources (Continued)

**VAIL CIL** (Center for Independent Living in Brownsville & Harlingen)  
**(956) 781-7733**

**The Arc of Texas Rio Grande**  
**(956) 447-8408** Provides case management, respite, pantry services and ARD support.

**El Valle Community Parent Resource Center**  
**(956) 969-3611**  
[www.tfavalleycenter.org](http://www.tfavalleycenter.org)

**TEAM Project, Partners Resource Network**  
**(956) 581-4960** Parent Training & Information

**Region One (Education Service Center)**  
**(956) 984-6000** AIM HIGH (Autism Instight and More Helpful Information)

**Lower Rio Grande Valley Area Agency on Aging** (956) 682-3481 (ext. 116)  
Part of the CMS Medicare Rx Volunteer Initiative. Provides free assistance to people with Medicare/Medicaid to understand the options for prescription drug plans.

### Very Important!!

**There are three waiting lists you should get on now for services that will make a big difference later:**

<b>CLASS (Community Living &amp; Support Services)</b>	<b>(877) 438-5658</b>
<b>MDCP (Medically Dependant Children's Program)</b>	<b>(877) 438-5658</b>
<b>HCS (Home &amp; Community Services)</b>	<b>(800) 458-9858</b>

**These programs provide funding, based on the income of the individual with disabilities (not the family), for therapies, assisted/supported living, home and vehicle modifications, nursing, adaptive aids and more. Waiting lists are years long; so sign up now!**



## Local Support Groups:

Help Hope & Humanity	(956) 631-9171
Parents for M.A.S.H.	(956) 686-8096
Parents Supporting Parents Network, RGV	(956) 447-8408
PASS (Parents Advocating for Student Success)	(956) 551-0762
Parent Support Group for families of Children with Down Syndrome	(956) 631-9171
Parent Support Group for Parents of Pre-School Children with Down Syndrome	(956) 781-7078
NAMI (National Society for the Mentally Ill) South Texas	(956) 630-6792
NAMI (National Society for the Mentally Ill) McAllen Support	Or (956) 624-4960 (956) 686-1295 Or (956) 630-6792
ACES 3 Autism Support Group	(956) 686-8485
Milestones for Moms	(956) 661-0475 Or (956) 618-2190
Bilingual Autism Support Group	(888) 847-8688
Traumatic Brain Injury Support Group	(956) 380-6550



## **Other Helpful Numbers**

### **SSI (Supplemental Security Income)**

Monthly payment and Medicaid - dependent on family income

Toll Free

(800) 772-1213

### **2-1-1 Texas**

United Way's comprehensive, confidential information and community referral program with a computerized database of services that serves Texas residents.

**Ronald McDonald House Charities of the Rio Grande Valley** (956) 412-7200

**Brownsville Society for Crippled Children, Inc. (Moody Clinic)** (956) 542-8504  
(Therapies, etc.)

**Attorney General's Office –  
Child Support Enforcement** (956) 574-6315

**Texas Rio Grande Legal Aid Society, Inc.** (956) 727-5191

**Americas Disability Advocate (legal help)** (956) 631-4357

**Food Bank of the Rio Grande** (956) 682-8101

**For more resources, including resources in other cities/counties of Texas  
please visit the Resource Directory on our website at**

**[www.txp2p.org](http://www.txp2p.org)**