

MY PORTABLE MEDICAL SUMMARY

Name: _____ Date of Birth: _____

<u>Mailing Address</u>		<u>Email Address</u>		<u>Home Phone</u>	<u>Cell Phone</u>	
<u>Insurance</u>		<u>Subscriber Name and #</u>				
<u>Primary</u>						
<u>Secondary</u>		<u>Subscriber Name and #</u>				
<u>Legal Health POA</u>	<u>Name</u>	<u>Relationship</u>	<u>Cell #</u>	<u>Work #</u>	<u>Home #</u>	<u>Other</u>
<u>Legal Health POA</u>	<u>Name</u>	<u>Relationship</u>	<u>Cell #</u>	<u>Work #</u>	<u>Home #</u>	<u>Other</u>
<u>DOB</u>	<u>Social Sec #</u>	<u>Height</u>	<u>Weight</u>	<u>Blood Type</u>	<u>DNR Signed</u>	<u>Advanced Directives</u>
<u>NOTES:</u>						
<u>Health Issues</u>						
<u>Medications</u>			<u>Herbs/Drops</u>		<u>Other Equipment</u>	
<u>Medical History</u>						
<u>Specialty</u>	<u>Procedure</u>		<u>Description</u>			
<u>Immunizations (what, when)</u>						
<u>Physicians</u>						
<u>Specialty</u>	<u>Name</u>	<u>Phone Number</u>		<u>Address/Website</u>		
<u>Other</u>						