

Setting Up Your Care Notebook

1. Gather the information you already have.
 - a. Gather any health information you already have about your child, including
 - i. Reports from doctors' visits
 - ii. Summaries of hospital stays
 - iii. This year's IEP, BIP, FBA, etc.
 - iv. Medical test results
 - v. Educational test results
 - vi. Immunization records
 - vii. Dated prescription medication information sheets
 - viii. Your child's fingerprints, if you have them

2. Decide what information about your child is important to keep in the Notebook.
 - a. What do you need to look up the most often?
 - b. What do members of your child's team(s) need?

3. Review your Notebook prior to doctor appointments or when needed. Keep the information updated as necessary.