What is a Care Notebook?

National Center for Medical Home Implementation

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The Care Notebook has multiple uses. A major role of this notebook is to help parents/caregivers maintain an ongoing record of their child's care, services, providers, and notes. This notebook is a great tool in empowering families to become the experts on their child's care. It is also a way to maintain the lines of communication between the many providers and services that help care for a child and their family.

Health professionals recommend that parents/caregivers bring this notebook to all medical appointments, therapies, care conferences, on vacations, etc. Health professionals can encourage the use of these notebooks by either having them available at the first office visit, upon discharge from the hospital or in the waiting room on a resource table. This notebook should be a team responsibility. Office staff should offer families assistance in filling out the various forms. Medical offices can copy visits, check-ups, immunization records, specialist reports, clinical pathways, and give them to families to insert into the notebook.

Why build your own Care Notebook?

The Care Notebook is an organizing tool for families and will help you keep track of important information. Care Notebooks are very personal to your child and ideally should be customized to reflect your child's medical history and current information. For this reason, this Web site has been developed to allow you to build a Care Notebook that best meets the need of your child.

How do I build my own Care Notebook?

Go to the National Center for Medical Home Implementation Website, www.medical homeinfo.com, and look under "For Families" and click on "Building Your Own Care Notebook" or follow this link: www.medicalhomeinfo.org/for_families/care_notebook/care_notebook

It is recommended to view the online examples before building your own care notebook.

Texas Parent to Parent