



Texas Parent to Parent

Do you remember when you first got your child's diagnosis? Who provided you support? Remember how important and helpful that was?

WE NEED YOUR EXPERTISE!

CONSIDER BECOMING A PARENT MENTOR!



Free Training

Join us to learn about:

- The emotional processes and stages we go through as parents of children with disabilities, chronic illness and other health care needs
- Listening skills
- Taking care of yourself as the caregiver
- How talking to another parent can often bring **clarity** and the **support** you need by learning that you are not alone
- You decide how often you want to mentor another parent. It doesn't take much time on your part!

INTERESTED?

Come to our training on Saturday January 20th, 2018 from 9:00 am to 4:00 p.m. in Austin to learn more about becoming a parent mentor!

Contact Liz Hong or Rosalba Calleros at 866-896-6001 or (512)458-8600 for more information. Online registration at www.txp2p.org

We will provide free child care and lunch!

Forms Required for Child Care!! Call us ASAP