



Texas Parent to Parent

Do you remember when you first got your child's diagnosis? Who provided you support? Remember how important and helpful that was?

**WE NEED YOUR EXPERTISE!
BECOME A PARENT MENTOR!**

Free Training

Join us to learn about:

- The emotional processes and stages we go through as parents of children with disabilities, chronic illness and other health care needs
- Listening skills
- Taking care of yourself as the caregiver
- How talking to another parent can often bring **clarity** and the **support** you need by learning that you are not alone

**Connecting with other families doesn't take a lot of time.
You decide when and how to do this!!**

INTERESTED?

We will be offering two different dates: May 4th & 5th from 9:00 am to 3:00 p.m. at the San Antonio Lighthouse.

Contact Rosalba Calleros at 866-896-6001 or (512)458-8600 for more information or register online at [PPMP Registration](#).

We will provide lunch!

