

TxP2P 14th Annual Conference
June 22-23rd, 2018
General Sessions

Session 1: 9:00 a.m. – 10:30 p.m., Friday, June 22nd, 2018

| Session | Description | Speakers |
|------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|
| <p style="text-align: center;">1040</p> <p style="text-align: center;">General</p> | <p>A Trajectory to Community....or Not</p> <p>Where do you see your child in a year, two years, or as an adult? During this interactive session, Jeff will guide participants in a discussion to help them think about what a good life for their child means to them, and also identify what they know they don't want for their loved one. Participants will leave with a vision and/or trajectory and a plan of action to move toward that vision/trajectory. This is a session for families of children of all ages – from the twinkle to wrinkle.</p> | <p style="text-align: center;">Jeff Garrison-Tate</p> |
| <p style="text-align: center;">1041</p> <p style="text-align: center;">General</p> | <p>Grief and Stages of Adaptation</p> <p>Learn to make sense of the emotions you may be experiencing. You'll also learn how grief applies to being a parent of a child with a disability or special health care needs and how to identify the stages that most parents experience on this journey.</p> | <p style="text-align: center;">Liz Hong</p> |
| <p style="text-align: center;">1042</p> <p style="text-align: center;">General</p> | <p>Every Child Can Grow Up in a Family</p> <p>Some families have not been able to get critical supports or services to raise their children with disabilities. Their children may have significant and complex needs. Unfortunately, sometimes the only option for a family is placement in a facility. EveryChild has helped hundreds of children to leave or be diverted from facilities. They may return or stay in their own home with the supports they need. Or, they may find a home with a support family that partners with their own family to provide the love, care, and support that every child deserves and needs.</p> | <p style="text-align: center;">Rona Statman, Alexandra Noble, & Elizabeth Tucker</p> |

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Session 2: 1:30 – 3:00 p.m., Friday, June 22nd, 2018

| Session | Description | Speakers |
|---------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| 2040 General | <p>The Texas ABLE Program</p> <p>Come learn basic information about the Texas ABLE Program – how it works, who is eligible, and how to set up an account.</p> | Linda Fernandez |
| 2041 General | <p>DADS Only</p> <p>This is an informal chance for Dads to come together and just talk. To listen and to learn from other dads, to share great things about our kids and to discuss some of the challenges we face. As a dad, you are the expert on your child. Come by and share what you have learned from your child and what your hopes are for their future. Or just come and listen.</p> | Jeff Garrison-Tate |

Session 3: 3:30 – 5:00 p.m., Friday, June 22nd, 2018

| Session | Description | Speakers |
|---------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| 3040 General | <p>Sibling Panel</p> <p>An honest conversation with individuals who have siblings with disabilities. They will discuss the "yays" and "ohs" of life.</p> | Mary Jane Ledesma & Panel |
| 3041 General | <p>PLAN IT! How to Save Money Long Term and KEEP BENEFITS!</p> <p>Learn different options on saving money and still keeping benefits. There are several options in the planning toolbox to save money. We will show you options and discuss in detail ABLE accounts and Special Needs Trusts.</p> | Haley Greer |

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Session 4: 9:00 – 10:00 a.m., Saturday, June 23rd, 2018

| Session | Description | Speakers |
|---------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|
| 4040 General | <p>How to Get Out and About with a Medically Complex Child</p> <p>Marty will discuss ways to modify the environment to fit your child's specific needs. She will also talk about how to get over some of the social struggles (staring, odd questions, etc). Marty will spend a little time talking about family challenges and dynamics that can sometimes seem very hard to overcome. Finally, she will wrap up and talk about local programs that have events for children with special health care needs.</p> | Marty Barnes |
| 4041 General | <p>Disaster Preparedness</p> <p>When planning ahead for a potential disaster, it is important for families to take into consideration the specific needs of all the members of your group. This presentation will give the attendees some food for thought, so they can plan more effectively for their unique situations.</p> | Liz Hong & Sherry Santa |

Session 5: 10:30 a.m. – 12:00 p.m., Saturday, June 23rd, 2018

| Session | Description | Speakers |
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| 5040 General | <p>Accessing Resources: A Parent's Perspective</p> <p>Come learn about the different state programs under Texas Health and Human Services that serve children with disabilities, with an emphasis on the Waiver Programs. Using her experience as a mother of an adult son with both physical and intellectual disabilities, who is also medically fragile, Elaine explains how to know which programs fits your child diagnosis, how to apply, and the differences between the Texas Medicaid Waiver Programs.</p> | Elaine Hime |

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Session 6: 1:30 – 2:30 p.m., Saturday, June 23rd, 2018

| Session | Description | Speakers |
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| 6040 General | What is a Care Notebook and How Will It Be Helpful Need a way to keep up with doctor reports, IEP's, evaluations, and resources? A care notebook is a tool that helps you get organized and stay organized. This notebook can be paper or on-line and includes ways to organize medical, school, or transition information. A notebook can help you reference information today but it also provides a way to pass along your body of knowledge about your child to other caregivers and to your young adult as they learn to speak for themselves. | Sherry Santa |

Session 7: 3:00 – 4:30 p.m., Saturday, June 23rd, 2018

| Session | Description | Speakers |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|
| 7040 General | Stress Management and Resiliency Lucy will help parents understand the importance of managing their stress and building resiliency to stress. She will discuss how to identify stressors and the main sources of stress. Lucy will also discuss ways to deal with stress and improve resiliency, and then will teach some relaxation techniques that they can use to reduce their stress levels. | Lucy Ortega |