

TxP2P 14th Annual Conference
June 22-23rd, 2018
Transition Sessions

Session 1: 9:00 a.m. – 10:30 p.m., Friday, June 22nd, 2018

Session	Description	Speakers
1090 Transition/ Special Education	<p>Surviving and Thriving in High School - John's Journey</p> <p>John is 18 years old and a recent high school graduate. Having an attribute of autism, he received special education services through the public school system from age 3 through graduation. John and his mom, Brenda, will share practical ways to survive and thrive in high school. Topics will include ways to learn and use self-advocacy skills, tips for navigating a social world, and learning responsibility. With his sights set on technical school this fall, you will be inspired by John's journey to independence.</p>	Brenda Nelson & John Nelson
1130 Transition	<p>Personal Networks: Enriching the Present and Providing for the Future</p> <p>Personal networks build a community of caring volunteers around a person and their family at risk of isolation. They promote planning and social opportunities in the present, assist with decision-making, and work to be sustainable after parents can no longer be available. Learn more about networks, how they benefit families, and how TxP2P can help you start one. We have launched a new program called Texas Network Connections, now ready to provide families with a facilitator (for a fee) to create a network in Central Texas and beyond.</p>	Denise Sonleitner & Linda Jones

Session 2: 1:30 – 3:00 p.m., Friday, June 22nd, 2018

Session	Description	Speakers
2130 Transition	<p>Transition 101: Getting Started</p> <p>When should I start on transition and what should I do first? How do I prioritize and stop feeling overwhelmed? We'll provide a time-line and an overview of the 10 most important things parents should know about transition. We will also talk about a good starting point for parents concerned about transition for their child with disabilities at any age.</p>	Adriana Valadez

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Session 3: 3:30 – 5:00 p.m., Friday, June 22nd, 2018

Session	Description	Speakers
<p style="text-align: center;">3130</p> <p style="text-align: center;">Transition</p>	<p>Health Care in Transition Planning: What Would It Look?</p> <p>Health care is part of adult life. For children with disabilities, this may range from medications for a medical condition to nursing services. When a child reaches the age of majority, age 18, it is often the first wake-up call that adulthood is going to change everything in health care! This session will be interactive with both parent and professional perspectives. Participants will walk away with information and tools to help plan the inclusion of health care in the IEP and empower students through self-determination skills. Information will address needs from elementary through secondary grades.</p>	<p style="text-align: center;">Ivy Goldstein & Vickie Mitchell</p>
<p style="text-align: center;">3131</p> <p style="text-align: center;">Transition</p>	<p>Assisting People with Disabilities Over Age 18 Make Decisions</p> <p>New ways to assist people over age 18 with decision-making are multiplying! We'll present information to help you decide about safe-guarding your child while preserving their independence with tools like guardianship, supported decision making, power of attorney, and representative payee. You'll leave with a clearer picture of what option will work best for your situation. This will include attorney and parent perspectives.</p>	<p style="text-align: center;">Leigh Banaszak & Parent Panel</p>

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Session 4: 9:00 – 10:00 a.m., Saturday, June 23rd, 2018

Session	Description	Speakers
4130 Transition	<p>Making the CASE for College for Students with ASD</p> <p>Texas Tech University offers an innovative college support program for students diagnosed with autism and other developmental disabilities, who are pursuing an academic degree at Texas Tech University or South Plains College in West Texas. The mission of Project CASE is to provide research-based, customized supports for students to facilitate their successful navigation through college and entrance into competitive employment. Project CASE uses the "Wraparound Planning Process" to build a support network, which pairs them with an on-campus Learning Specialist, who provides mentoring and navigational support. This relationship empowers them to efficiently work through problems or concerns with professional support.</p>	<p>DeAnn Lechtenberger, Ph.D.</p>
4131 Transition	<p>Top Tips for Tip Top Transition</p> <p>This is the session for you if your child is in elementary or middle school and you want to know more about transition planning in the IEP or if you're in the midst of it and feel overwhelmed or if you're a seasoned veteran of transition and looking for more resources to help your family or your friends as they move toward graduation and adult life! Elizabeth will review the key elements of transition planning, help families and students understand what they can expect, and share resources that can help you move with confidence to the ARD where transition will be discussed, and to the Good Life that awaits beyond graduation!</p>	<p>Elizabeth Danner</p>
4132 Transition	<p>Nuts & Bolts of Starting a Network</p> <p>A personal network is a group of volunteers who meet regularly to support the person at the center of the network, enriching life today and planning for the future. We have found that just about everyone thinks having a personal network is a great idea but they're not sure exactly how to get started. If you want to know more, join us for a follow-up to our network workshop at Friday lunch on how to get started. There will be time for questions, discussion, and a look at the initial paperwork to take the first step.</p>	<p>TxP2P Texas Network Connections Team</p>

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Session 5: 10:30 a.m. – 12:00 p.m., Saturday, June 23rd, 2018

Session	Description	Speakers
5130 Transition	<p>Don't Wait Until Graduation Day - Plan Ahead!</p> <p>Graduation Day can be a scary process if you haven't prepared for that day. Learn how to use the Transition Plan and other resources to ensure your child successfully graduates to something other than the couch!</p>	Mary Jane Williams
5131 Transition	<p>Home: An Essential Part of Planning for the Future</p> <p>This workshop is for families who are interested in learning about different models for their young adult to live outside the parental home... now, soon, or years from now. A panel of parents who have developed a separate living space for their son or daughter will share how they did it, what challenges they have faced, what resources they are using, and how the set-up is evolving.</p>	Rosemary Alexander & Parent Panel

Session 6: 1:30 – 2:30 p.m., Saturday, June 23rd, 2018

Session	Description	Speakers
6130 Transition	<p>Building a Job for Your Son or Daughter</p> <p>Parents will report on how they have set up work situations for their young adults, including how they used school programs, what training they provided at home, what connections they made, and what resources they used - and how it turned out! Resources will be provide as well.</p>	Rosemary Alexander & a Parent Panel

Session 7: 3:00 – 4:30 p.m., Saturday, June 23rd, 2018

Session	Description	Speakers
7130 Transition	<p>Making Employment a Reality</p> <p>Does employment for your child seem more like a distant dream than a realistic, achievable goal? Is the thought of preparing them for a career overwhelming? Being successful in employment requires many different types of skills, which venture beyond basic vocational skills. Lori will discuss the crucial skills your child or young adult needs to obtain gainful employment and to maintain a job successfully.</p>	Lori Doucet