



Texas Parent to Parent

*Do you remember when you first got your child's diagnosis? Who provided you support? Remember how important and helpful that was?*

**WE NEED YOUR EXPERTISE!  
BECOME A PARENT MENTOR!**

**Free Training**

Join us to learn about:

- The emotional processes and stages we go through as parents of children with disabilities, chronic illness and other health care needs
- Listening skills
- Taking care of yourself as the caregiver
- How talking to another parent can often bring **clarity** and the **support** you need by learning that you are not alone

**Connecting with other families doesn't take a lot of time.  
You decide when and how to do this!!**

**INTERESTED?**

We will be offering Mentor Training September 13th from 9:00 am to 3:00 p.m. in Austin, TX.

Contact Martha Aguilar or Elizabeth Hong at 866-896-6001 or (512)458-8600 for more information or register online at [PPMP Registration](#).

We will provide lunch!

