



Pathways to Adulthood



Texas Parent to Parent is an independent company that conducts monthly STAR Kids information sessions for Blue Cross and Blue Shield of Texas.

Blue Cross and Blue Shield of Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-710-6984 (TTY: 711).

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

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Blue Cross and Blue Shield of Texas (BCBSTX) is helping to put together the **Pathways to Adulthood** transition training, given by **Texas Parent to Parent**, at *no cost to BCBSTX STAR Kids members*.

You can get information and the tools needed to plan for a young adults' life after high school.

Sign-up Now!

Call the Member Outreach team at **1-877-375-9097** if you live in, or near the Travis Service area, or **1-855-497-0857** if you live in, or near Central Medicaid Rural Service Area (MRSA).

You can also sign up online at www.txp2p.org.

If you are not a BCBSTX member and would like to go, please call Texas Parent to Parent at **1-866-896-6001**.

Seminar Topics:

- Funding sources
- Legal issues: guardianship and alternatives, estate planning
- School transition services and maximizing remaining school years
- Medical transition
- Opportunities for work
- Ideas for establishing a positive family-run home
- Building networks of support
- Emotional obstacles parents face in planning

This is open to families who have children with disabilities, chronic illness or other special health care needs, and the professionals who work with them.

Parents, guardians, or legally authorized representatives of children 15 years old and older can attend any of these seminars.

Seminar Schedule

- Lunch will be provided
- Child care will not be available
- A Transition Specialist will be at each event to talk to BCBSTX STAR Kids members about creating a transition plan for you or your child

Sign up now! Space is limited.

To get auxiliary aids and services, or to get written or oral interpretation to understand the information given to you, including materials in alternative formats such as large print, braille or other languages, please call BCBSTX STAR Kids Customer Service at 1-877-688-1811 (TTY/TDD 7-1-1).