

# We need your expertise!

## Consider becoming a parent mentor!



Texas Parent to Parent

Having a child who is born too soon or has special medical needs is a traumatic and difficult experience. Sharing feelings, questions and experiences with a knowledgeable parent who has walked in your shoes can be invaluable. Information that you can share to help another family!

Join us to learn about:

- Care for yourself as the caregiver
- Listening skills
- The emotional process and stages we go through as parents of children with disabilities, chronic illness, NICU time, and other special health care needs.
- How talking to another parent can **empower** you too and bring the **clarity** and **support** you need by learning that you are not alone!

***Because we have been there  
We have an unequal gift to share!  
You are NOT alone!***

**FREE training in  
Mt. Pleasant  
May 31st  
9:00-3:30pm**

Lunch is provided

Register at  
[www.txp2p.org](http://www.txp2p.org)  
Under TxP2P  
Upcoming Trainings

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Contact  
Melissa Fox or  
Sherry Santa at  
(866)896-6001



***Connecting with  
other parents  
does not take a  
lot of time.***

***You decide  
when and how  
to do this!***

