

TxP2P 15th Annual Conference
June 21-22nd, 2019
Mental Health and Behavior Sessions

Session 1: 9:00 a.m. – 10:30 a.m., Friday, June 21st, 2019

Session	Description	Speakers
1070 Mental Health	<p>Meeting the Mental Health Needs of Individuals with IDD</p> <p>The mental health needs of individuals with intellectual disabilities often go undetected or overlooked, which can lead to negative health and wellness outcomes and poor quality of life. Let's talk about what is changing and what still needs to change. Learn why simply "controlling behavior" isn't the answer as we discuss transforming a system, once focused on compliance and control to one of true mental health and wellness for individuals living with intellectual disabilities and co-occurring mental health conditions.</p>	Colleen Horton

Session 2: 1:30 – 3:00 p.m., Friday, June 21st, 2019

Session	Description	Speakers
2030 Behavior	<p>Homeschooling the Hard-to-Reach Child</p> <p>Parents of children who are anxious, depressed or oppositional often struggle with how to help their child be motivated to follow their lead. Carla, a parent and Homeschooling Consultant, and April, founder of The Integrative Autism Institute, will teach participants simple strategies to help kids who are impulsive or emotionally reactive to control their behavior and emotions. Learn about developmental foundations for learning, and how mental health challenges affect learning and motivation. Parents will leave with strategies to help their child move out of overwhelm and emotional dysregulation toward a more positive sense of themselves and others.</p>	Carla Scruggs & April Choulat
2070 Mental Health	<p>Parenting Through A Mental Health Crisis</p> <p>Parents raising children and youth with mental health challenges often find themselves in a mental health crisis that they were not expecting. Learn to identify crisis warning signs, ways to know when it's time to make that difficult call for mental health services and identify treatment options. Lastly, there will be a discussion on ways to deal with the whirlwind that comes with a mental health crisis or a difficult treatment. There will be an open discussion about ways we, as parents, can support, not only our child's mental health but our own as well in this process</p>	Valencia Gensollen

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Session 4: 9:00 – 10:00 a.m., Saturday, June 22nd, 2019

Session	Description	Speakers
4030 Behavior	<p>Behavioral Approach to Classroom Management</p> <p>Educators and parents are aware of the benefits of applying principles of behavior analysis when serving individuals with behavior challenges. However, many educators do not receive the training needed to apply these principles in their classrooms and many parents are unaware of recommendations to present to their ARD committee to support their child in such settings. Faith will provide support both in taking a behavioral approach to classroom behavior management. Parents will identify critical recommendations that may help children in need of individualized support systems. Educators will develop class wide and individualized behavior management systems for mock classrooms.</p>	<p>Faith Whatley-Torres</p>
4070 Mental Health	<p>The Crossroad of Autism and Bipolar Disorder</p> <p>Through our personal family story, hear an overview of children living with IDD and a mental health condition. We will review early detection and treatment planning from the perspective of a parent, speech therapist/BCBA and a licensed professional counselor. We will also discuss what providers and caregivers should be on the look-out for, where to go for help and answer participant questions.</p>	<p>Nidia Heston, Amy Bartelt & Bridget Speer</p>

Session 5: 10:30 a.m. – 12:00 p.m., Saturday, June 22nd, 2019

Session	Description	Speakers
5030 Behavior	<p>What Comes After Early Intervention (ABA) Services?</p> <p>Many young children receive intensive behavioral intervention services (ABA) for up to several years or until they "age out" of the early intervention program. Despite learning many fundamental skills during that time, many children will still lack some of the skills required for success in other environments such as home, school or in the community. Lupe will identify some of the common areas that are considered critical for lifelong independence or less dependence on others.</p>	<p>Lupe Castaneda, MS, BCBA, LBA</p>