

**TxP2P 15<sup>th</sup> Annual Conference**  
**June 21-22<sup>nd</sup>, 2019**  
**Transition Sessions**

**Session 1: 9:00 a.m. – 10:30 a.m., Friday, June 21<sup>st</sup>, 2019**

Session	Description	Speakers
1130  Transition	<p><b>Transition 101: Getting Started</b></p> <p>Transition to adulthood starts whenever a family begins to worry about the future and kicks in big time at age 18! We will provide a starting point on key issues for transition, including funding and services, legal considerations at age 18, transition in public school and health care. We hope this workshop will give you the courage to get started today!</p>	<p><b>Rosemary Alexander &amp; Adriana Valadez</b></p>

**Session 2: 1:30 – 3:00 p.m., Friday, June 21<sup>st</sup>, 2019**

Session	Description	Speakers
2130  Transition	<p><b>Key Steps for Creating a Job for Your Teen or Young Adult</b></p> <p>Are you hoping your teen or young adult will have a job sooner than later? It takes knowledge, effort and planning ahead, so now's the time to get started. Key areas include working with school staff, state agencies and family and friends. Start at zero and end with a plan!</p>	<p><b>Rosemary Alexander</b></p>

**Session 3: 3:30 – 5:00 p.m., Friday, June 21<sup>st</sup>, 2019**

Session	Description	Speakers
3130  Transition	<p><b>It's Okay to Work While on SSI</b></p> <p>Many young self-advocates who receive Social Security benefits and their parents do not understand how earnings may impact their benefits and may be fearful of going to work because of concern about losing benefits, especially the medical ones. Learn about a work incentive for self-advocates on Social Security (SSI) and Social Security Disability Insurance (SSDI), with a focus on transition aged students. In addition, Guadalupe will give brief overview of services that Disability Rights Texas (DRTx) offers related to SSI and SSDI recipients who want to work but are experiencing a barrier to work.</p>	<p><b>Guadalupe Marquez</b></p>

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### Session 3: 3:30 – 5:00 p.m., Friday, June 21<sup>st</sup>, 2019

Session	Description	Speakers
3131  Transition	<p><b>Creating Social Opportunities for Your Young Adult</b></p> <p>Leah will explain how she developed a friendship group for young adults in Dripping Springs, from getting started to keeping it going. The group now meets weekly to pursue fun activities, while participants have developed friendships beyond their regular group activities. Parents have also found ways to share ideas and information.</p>	<b>Leah Rummel</b>
3132  Transition	<p><b>Legal Tools to Help 18-year-olds Make Decisions</b></p> <p>Ways to assist people over age 18 with decision-making are multiplying! We'll present information to help you decide about safe-guarding your child while preserving their independence with tools like guardianship, supported decision making, power of attorney and representative payee. Leigh &amp; her panel want you to leave with a clearer picture of what option will work best for your situation. We offer attorney and parent perspectives.</p>	<b>Leigh Banaszak, Attorney, &amp; Rosemary Alexander</b>

### Session 4: 9:00 – 10:00 a.m., Saturday, June 22<sup>nd</sup>, 2019

Session	Description	Speakers
4130  Transition	<p><b>The Future Is Now - Planning Ahead For and with Your Family Member</b></p> <p>Parents, understandably, are often overwhelmed at the thought of making future plans for their children with disabilities. Still, planning can help avoid a crisis, ensure a good, meaningful life for your child and give you peace of mind. Parents will share how they're preparing for the future and offer planning tips. You'll learn about the Letter of Intent, how to use it as a person-centered planning tool and begin preparing for a time you have gone fishin' on vacation, been sidelined with a temporary illness or can no longer provide support. Let's take this first step together!</p>	<b>Ivy Goldstein, Shelley Dumas, &amp; Leah Rummel</b>

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### Session 5: 10:30 a.m. – 12:00 p.m., Saturday, June 22<sup>nd</sup>, 2019

Session	Description	Speakers
5130  Transition	<p><b>Creative Housing Solutions</b></p> <p>Parents will report on the steps they have taken to create independent residences for their young adults. You'll learn what motivated them to create an independent place, models that have worked, resources they have used and the challenges these families have faces.</p>	<p><b>Rosemary Alexander, Leigh Fox Marley, Leah Rummel &amp; Ashley Sanchez</b></p>
5131  Transition	<p><b>Surviving &amp; Thriving in High School - John's Journey</b></p> <p>John is a Class of 2018 high school graduate. Having an attribute of autism, he received special education services through the public school system from age 3 through graduation. John and his mom, Brenda, will share practical ways to survive and thrive in high school. John is now attending a technical program at a local junior college. You will be inspired by his journey to independence and competitive employment.</p>	<p><b>Brenda &amp; John Nelson</b></p>

### Session 6: 1:30 – 2:30 p.m., Saturday, June 22<sup>nd</sup>, 2019

Session	Description	Speakers
6130  Transition	<p><b>Planning for the Inevitable Healthcare Transition</b></p> <p>Wait!! What?? Yes, it turns out that moving from pediatric to adult providers is not an automatic, seamless process for young adults with disabilities and special health care needs OR their parents. Ivy &amp; Betsy, parent professionals, will address why intentional planning for transitioning to the adult health care system is essential. First-hand experiences, lessons learned (sometimes the hard way) and planning tools will be shared. Join us to find out what you can do now so you and your young adult will be as prepared as possible for this inevitable transition.</p>	<p><b>Ivy Goldstein &amp; Betsy Furler</b></p>

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Session 6: 1:30 – 2:30 p.m., Saturday, June 22<sup>nd</sup>, 2019

Session	Description	Speakers
6131  Transition	<b>TechTalk: Using Apps to Transform Transition</b> Smartphones, apps and digital content appeal to teens and young adults of all abilities. Knowing how to use apps that manage medications and health conditions, class schedules & note-taking and help with understanding money can help youth participate more fully in their own transition. Amy will include demonstrations of apps that are beneficial for transition-aged youth as well as an overview of TexasYouth2Adult.org. This easy to use platform was designed to help engage and empower families, including youth, to begin planning early, ask the right questions and find information to prepare and successfully make the transition into adulthood.	<b>Amy Fuchs, M.Ed.</b>

Session 7: 3:00 – 4:30 p.m., Saturday, June 22<sup>nd</sup>, 2019

Session	Description	Speakers
7130  Transition	<b>Soaring to New Heights!</b> Transition to adulthood can be an exciting, yet daunting time. It is full of important decisions. Dr. Ellis will discuss ways to prepare for a job, career or college after high school graduation. He will deliver practical advice on: realistic transition planning; approaching potential employers; workplace accommodations; finding the right fit; starting your own business; and more. We will also discuss important and necessary steps to implement if college or post-secondary education after high school is a goal.	<b>Jaishree Ellis, MD</b>