Planning for the future: a great place to live

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WELCOME TO PART 5 OF OUR PATHWAYS TO ADULTHOOD ZOOM SERIES

▶ We will email the PowerPoint to everyone on the call
▶ Please mute your phones
▶ Type all questions in the chat box
▶ We will try to answer all questions at the end
▶ If we don’t get to your question, please email Cynda.green@txp2p.org.
Today’s topic

- June 9, 2020 1:30-2:30pm
- Part 1-Creative Housing Solutions
- Parents will report on the steps they have taken to create independent residences for their young adults
Goal for the Pathways Zoom series: To give participants the tools needed to plan for a good life for our youth after graduation
A great place to live!

- Where will your child live when he’s 20? 30? 40? 50? How old will you be when your child is 50?!! That’s a huge question for families!

- At what age do you picture your child moving out or shifting to more independence within your home setting?

- Picture a great place for your child to live.

- What are the options?
Questions to ask

► What’s your timeline?
► Does my child want to live with family, alone, with 1-2 people, or in a group setting?
► What supports does she need?
► What funding sources are available and what are their requirements?
► How much time, energy and assets do I have available for a home set-up?
## Housing and Support Options for People with I/DD

<table>
<thead>
<tr>
<th>Housing Options</th>
<th>Support Options</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>I want to live with:</strong></td>
<td><strong>My support is funded by:</strong></td>
</tr>
<tr>
<td>Me</td>
<td>Me</td>
</tr>
<tr>
<td>Family</td>
<td>Family</td>
</tr>
<tr>
<td>Roommate</td>
<td>Roommate</td>
</tr>
<tr>
<td>Group</td>
<td>Agency</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>I want to live in:</th>
<th>The property I live in is owned by:</th>
<th>My home life is directed by:</th>
<th>My support is provided by:</th>
<th>My level of support is:</th>
<th>My support is funded by:</th>
</tr>
</thead>
<tbody>
<tr>
<td>House, Condo, Apartment</td>
<td>Me</td>
<td>Me</td>
<td>Assistive Technology</td>
<td>Case Management Only</td>
<td>Me</td>
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<tr>
<td>Family Home</td>
<td>Family</td>
<td>Family</td>
<td>Family/Friends</td>
<td>Part Time</td>
<td>Family</td>
</tr>
<tr>
<td>Shared Living Arrangement</td>
<td>Roommate</td>
<td>Roommate</td>
<td>Roommate</td>
<td>Full Time</td>
<td>Roommate</td>
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<tr>
<td>Group Home</td>
<td>Landlord</td>
<td>Agency</td>
<td>Volunteers</td>
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<td>ICF/IID</td>
<td>Agency</td>
<td></td>
<td>Neighbors</td>
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<tr>
<td>State Operated Housing</td>
<td>State</td>
<td></td>
<td>Paid staff</td>
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</tbody>
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Adapted from the work of Housing Opportunity Development Corporation and Center for Independent Futures.
Option: State-funded homes

- HCS Group Homes (4 residents max), based on having HCS Medicaid Waiver, long wait
- ICF/IDD group homes (6 or more), Intermediate Care Facility for people with Intellectual and Developmental Disabilities, access LIDDA

Considerations:
- Residences vary widely, visit and ask questions
- One key question: what do the residents do during the day?
Option: Privately funded communities

Examples--
Down Home Ranch near Austin
Marbridge Ranch near Austin
Brookwood Community near Houston
Cornerstone Ranch in McKinney

Considerations:
Vary from 2-3 in a small house to dorm style living
Use private pay, SSI, earned income, special needs trust

texas.gov/services/disability/person-centered-planning if you have a Waiver
Option: parent-arranged residence

- 1-3 people living together with supports as needed
- In a place separate from family
- Initiated by family or individual
- Operated by family or individual
- Set up individually or with other families
Considerations

- Advantages: gives resident and family greater control over the environment and more individuality
- Disadvantages: higher overhead--can be a big commitment of time, energy and $; if several residents live together, family must share decision making with others
Options for parent-arranged residences

- Redesign your home, lot, neighborhood:
- Partition an area in your home for your adult
- Set up a home in your backyard or garage apartment (check zoning)
- Adult inherits your home
Options for parent-arranged residence

- Set up a separate household:
- Adult lives with another family or caregiver in the caregiver’s home (HCS model)
- Adult lives in apartment, condo or house; family or individual rents or buys
- 1-3 residents
- Supports live-in or come and go as needed
Tips for setting up parent-arranged residence

- Learn about the options/restrictions with Medicaid Waivers for living arrangements
- Use technology to monitor safety, reduce care-giver role
- Put your child’s name on the waiting lists for low-income housing
- Talk to your child’s case manager, school transition team, LIDDA (Local Authority)
- Talk to other parents who have experience
AIM is a growing non-profit community of active adults with intellectual and/or developmental disabilities such as autism and Down syndrome who live independently, with appropriate support, in an apartment complex in a walkable, vibrant suburb of Austin.

AIM does not provide housing. AIM provides the community in which AIMers thrive by providing transportation, social opportunities, education, fitness activities such as Special Olympics basketball, and long-term sustainability. Families are an integral part of AIM, remaining active in the life of their participant and in the AIM community.
Adults Independent and Motivated
Making Independence Possible

AIM:
Fosters a sense of community via shared activities
Provides AIMers transportation to work and AIM activities.
Does not charge a fee for its services.
Is a 501(c)(3) nonprofit organization funded through donations and fundraising.
Does not provide onsite staff.

Families:
Independently arrange for an attendant to help their participant inside their apartment.
Some participants will need support a couple of hours daily and others only a few hours per week.
Remain involved in their participant’s life and help AIM with planning, logistics, and fundraising.

Participants:
Must function relatively independently and be able to engage in group activities without an individual aide or attendant.
Socialize in planned group activities but also turn to each other for spontaneous activities (walking to Panera for lunch, meeting at the pool...
Community:
Compatibility among participants is essential. Thus, prior to full participation, there will be a period of time for potential participants to get to know each other through various activities to determine if they are indeed compatible.

Learn More
www.AIMtx.org
512-789-1068; info@AIMtx.org
Like us on Facebook.
Designate AIM as your charity and AIM benefits from Amazon purchases made on Smile.Amazon.com
Will’s house with his network
Resources to help develop a home

» navigate lifetexas.org → transition-to-adulthood → housing choices

» How-to for Setting Up a Supported Residence, by TxP2P
  https://www.txp2p.org/Media/Transition/howto_for_setting_up_a_home.pdf

» Moving Out: A Family guide to Residential Planning for Adults with Disabilities,
Resources to help develop a home

- https://www.aimtx.org/
- https://www.txcpsh.org/
- https://www.hud.gov/program_offices/housing/mfh/grants/section811ptl
- https://howtogeton.wordpress.com/ and click on Applying for Housing
- https://texasrealitycheck.com
Upcoming dates

- June 21, 2020 1:30-2:30pm
- Part 3-Key Steps for Creating a Job for Your Teen/Adult
- Are you hoping your teen or young adult will have a job sooner than later? It takes knowledge, effort and planning ahead, so now’s the time to get started
Upcoming dates

- June 16, 2020 1:30-2:30pm
- Part 2-Personal Networks: Creating Community For People with
- Personal networks build a circle of caring volunteers around a person at risk of isolation
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