

ARE YOU PREPARED?

1. Be Informed.

Part of being prepared is being well informed:

- Do you know what types of disasters you may have to face in your community?
- How about hurricanes, floods, tornados or wildfires?
- Have you thought about industrial disasters?

2. Make a plan.

Sit down with your whole family and think through different emergency situations:

- What would we do in case of a fire, a flood, or a tornado?
- What if we have to evacuate?
- Where would we meet if we got separated?
- Who should be our family's emergency contacts?
- What about medications or other special needs?
- What about our pets?
- What if our home is destroyed?

3. Build a kit.

No matter what the disaster, you need to have food, water, and essential supplies. In some cases, you'll take your supplies with you. In others, you'll use them while sheltering at home.



Get Ahead of What's Ahead. BUILD YOUR DISASTER SUPPLY KIT

TEXAS READY

Build your kit all at once or step by step. Start with what you already have at home, then shop for the rest, or needed.

Pack these basic supplies for each person or pet in a portable container or backpack. A waterproof container is best. You'll need these supplies whether you stay or must leave (shelter in place or evacuate to another location).

You may have to leave in a hurry to get to a safe place. Keep these supplies near you. When it rains, grab them and go.

Think about your day-to-day needs for independence. Plan to pack your kit with extra supplies. Label medical equipment with your contact information.

FOOD AND WATER

- 3-day supply of non-perishable food.
- 1 gallon of bottled or distilled water.
- Manual can opener.
- 1 gallon of water per day for each person and pet.
- Ready-to-eat food, snacks, baby food, baby supplies.
- First supplies listed on next page.

FIRST AID, MEDICATION, FITNESS SUPPLIES

- First aid kit listed on next page.
- Medications.
- Hand sanitizer.
- Blotch. To purify water, mix 1/8 teaspoon per gallon. Use and let stand for 30 minutes.
- Towel paper, paper towels, garbage bags.
- Over-the-counter painkillers, band-aids, bandaids.
- Heating and vision products (heating pads and batteries, electric blanket, contact lens solution, sunglasses).
- Socks, aluminum, personal hygiene supplies.
- Sunscreen, insect repellent.
- Face masks to filter air.

COMMUNICATION, LIGHTING, DOCUMENT BATTERIES

- Battery-powered radio with extra batteries or crank radio.
- Emergency alert radio (to be used).
- Extra cell phone battery and car charger.
- Flashlight and extra batteries.
- Matches and lighter - keep in a waterproof container or suitable plastic bag.
- Whistle.
- Document bag listed on next page.

ADD THESE ITEMS FOR EVACUATING BY CAR

- Food maps.
- Car repair items (oil, spare tire, tire patch kit, etc).
- Food and water.
- Plastic plates, etc.
- Flashlight and batteries.

DOCUMENT BAG CONTENTS

When evacuating, don't forget to pack these items:

- Current photos (ID, driver license, birth records).
- Social Security cards, passports, photos from your Social Security number separate from other documents.
- Health insurance and prescription cards.
- Phone numbers (family, friends, doctor).
- Medical records, medications and dosages.
- Bank account information.
- Wills.
- Insurance documents (homeowner, motor, flood, life).
- Property deeds, leases, mortgages.
- Vehicle title, insurance, license, lease documents.
- Inventory of household possessions and their value.
- State address of every town, every driver, every driver's license.
- Backup computer files on a USB drive.
- Copies of important keys.
- Utility bills (to power where you live).
- Fire extinguisher.
- Plastic blankets and air vents to use in a vehicle.

PEOPLE WITH DISABILITIES AND THOSE WITH ACCESS AND FUNCTIONAL NEEDS

- Wheelchairs, walkers, and canes.
- Cane, with and patch for medications.
- Extra medications and dosages.
- Copies of prescriptions and medical alert tags.
- Food for special diets.
- Medical supplies (crutches, glucose monitoring strips, syringes, etc).
- Heating pads with extra batteries.
- Communication devices.
- Supplies and documentation for service animals.

FIRST AID KIT CONTENTS

- 2 compresses dressing (3 x 4 inches).
- 25 band-aids (different sizes).
- First aid tape.
- Antiseptic ointment.
- Hydrocortisone cream.
- Eye ointment, such as ointment, Neosporin or antibiotic ointment.
- Instant cold pack.
- 2 of medical gloves (nitrile).
- Old band-aids, salves, bandages.
- 2 of plastic bags (different sizes).
- 2 plastic bandages.
- 10 sterile gauze pads (different sizes).
- 2 tongue depressors (for making slings).
- First aid instruction booklet.

PET SUPPLIES

- 3-day supply of food, water, and bowls.
- Pet medications and flea and tick prevention records.
- Carrier or crate (one to be used in shelter, or where you spend the night).
- Leash and toy.
- Collar and tag.
- Photo of each pet.

Disaster Supply Checklist

¿Está usted preparado?

1. Manténgase informado.

Parte de estar preparado es estar bien informado:

- ¿Sabe qué tipos de desastres pueden enfrentar en sus comunidades?
- ¿Y los huracanes, inundaciones, tornados e incendios forestales?
- ¿Ha pensado en desastres industriales?

2. Haga un plan.

Tome tiempo con toda su familia y piense en diferentes situaciones de emergencia:

- ¿Qué haríamos en caso de un incendio, inundación o un tornado?
- ¿Y si tenemos que evacuar?
- ¿Dónde nos encontraríamos si nos separamos?
- ¿Quiénes deberían ser los contactos de emergencia de nuestra familia?
- ¿Y los medicamentos u otras necesidades especiales?
- ¿Qué vamos hacer con las mascotas?
- ¿Y si la casa se destruye?

3. Prepare un kit.

No importa el tipo del desastre, uno necesita tener alimentos, agua y suministros esenciales. En algunos casos, usted tendría que evacuar con sus suministros. En otros, los usará mientras se refugia en casa.



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