

# PARENT MENTOR



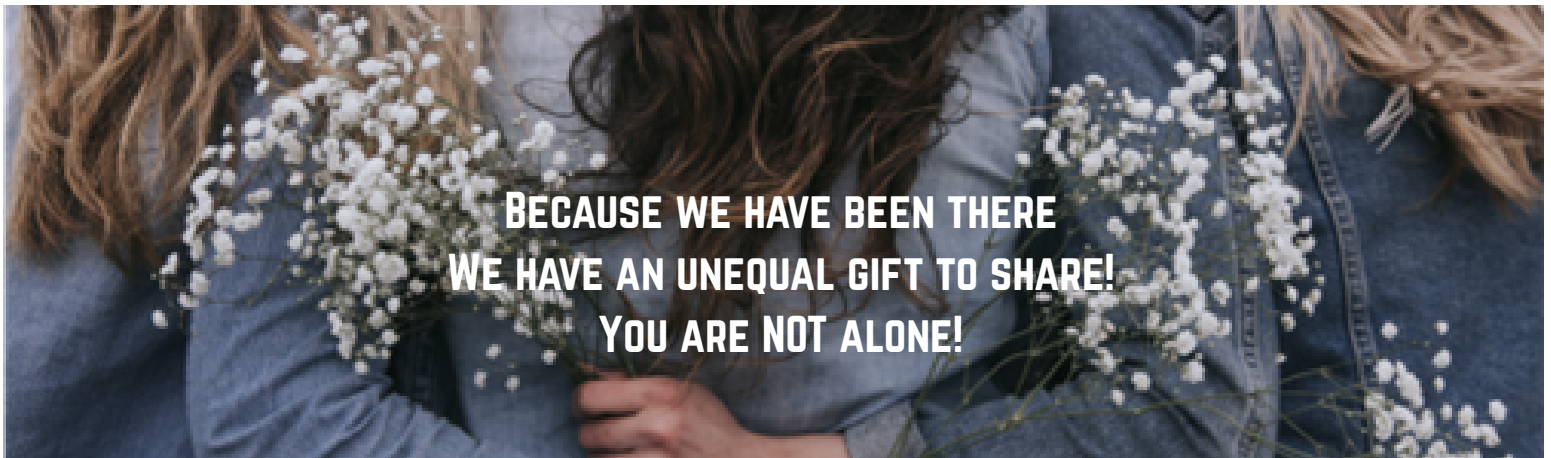
Free training

WE NEED YOUR EXPERTISE! ←

## Become a PARENT MENTOR

Empower other parents of children with disabilities, chronic and mental health conditions or other health care needs!

Your challenges and victories are valuable information that you can share with another family!



Join us to learn about:

- Care for the caregiver
- Listening skills
- The emotional process and stages we go through
- How talking to another parent can empower you too and provide the support you need by learning that you are not alone!



Friday, May 1, 2026

CIDC Office

1200 Golden Key Circle

Suite 324

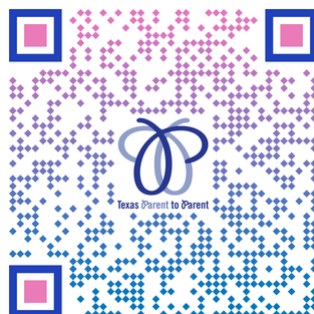
El Paso, TX 79925

From 8:00 am to 11:00 am

Register here:

<https://fs12.formsite.com/txp2porg/form69/index>

Or scan the code



Contact Alejandra Arrigunaga at



[alejandra.arrigunaga@txp2p.org](mailto:alejandra.arrigunaga@txp2p.org)  
[info@txp2p.org](mailto:info@txp2p.org)



866-896-6001

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