

Medicaid Home and Community-Based Services Waivers

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Parent to Parent Annual Conference

Presented by EveryChild, Inc.

Importance of Services and Supports for Children and Families

Everyone needs support and assistance every day to live our lives fully.

For individuals with a disability the need for support is unique and often more significant. With the right supports and services, individuals with disabilities can live a life fully included in their homes and communities.

What you can do to help strengthen the system

- Learn about Medicaid benefits and how to access services, including Medicaid buy-in programs
- Learn about Medicaid waivers, the importance of getting on waiting lists and ways to get support when in a crisis
- Learn about how to plan for transition from children's services to adult services

What is in this presentation

- Key Medicaid Benefits for Children and Adults with Disabilities
 - Community First Choice
- Medicaid Home and Community Based Waivers
- Medicaid Buy-In

Key Medicaid Services

Doctors and Hospital

Durable Medical Equipment and Supplies

Home Health Nursing

Therapy – OT, PT, Speech

Psychological Services

Community First Choice/Personal Care Services

Community First Choice

- Community First Choice is a Medicaid service that provides personal assistance services and habilitation for individuals who qualify including individuals with developmental disabilities.
- Individual must have Medicaid and meet eligibility criteria for a nursing facility, intermediate care facility or residential treatment center.
- Children and young adults under the age of 21 contact their STAR Kids, STAR or STAR Health Service Coordinator. You can also contact your LIDDA.
<https://apps.hhs.texas.gov/contact/search.cfm>
- Adults 21 and over with developmental disabilities contact their local intellectual and developmental disability authority <https://apps.hhs.texas.gov/contact/search.cfm> or their STAR Plus Managed Care Organization's Service Coordinator.

Medicaid Home and Community-Based Waivers

Texas Home and Community-based Waivers

MDCP

Medically Dependent
Children Program

CLASS

Community Living
Assistance and
Support Services

HCS

Home and
Community Services

TxHmL

Texas Home Living
Waiver

DBMD

Deaf/Blind and
Multiple Disabilities

STAR+Plus

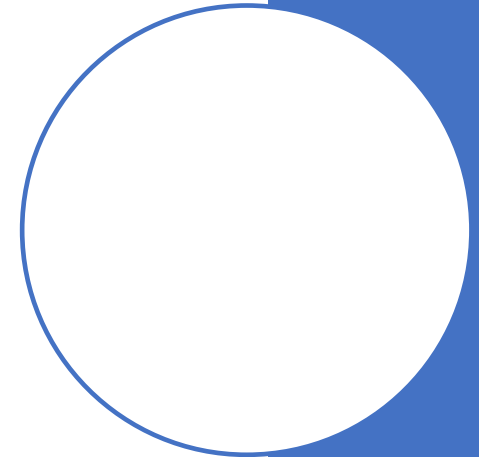
Home and
Community Based
Waiver

YES

Youth Empowerment
Services

Home and Community-Based Services Waivers

Medicaid home and community-based service waivers afford States the flexibility to develop and implement creative alternatives to placing Medicaid-eligible individuals in hospitals, nursing facilities, or intermediate care facilities for persons with intellectual disabilities or related conditions.



Home and Community Based Services Waivers

Flexible

Wide range of services and supports possible

Family and consumer driven

Waiver eligibility is based on the finances of the person and not the family. For children under 18, the income of the parent is NOT considered, except for Texas Home Living

Waiver is mechanism for individuals to become eligible for Medicaid

Waivers are not entitlements so there can be waiting lists

MDCP

MDCP – Medically Dependent Children Program

Alternative to nursing facility for children under 21

Must meet medical necessity for nursing facility level of care

Does not consider parental income/Individual Income 3x SSI

Cost cap is 50% of nursing facility rate

MDCP – Medically Dependent Children Program

Services	
Respite Provided by nurse or direct care provider	Flexible Family Supports Assistance to participate in childcare, independent living and community activities
Home Modifications \$7,500 life-time cap \$300 annual repair/maintenance	Adaptive Aids \$4,000 annual limit List of approved items
Employment Assistance	Supported Employment
Transition Assistance Services Up to \$2,500 to transition from institution	

Important Facts About MDCP

- Children and young adults living in nursing facilities can move home with MDCP services
- Children who meet medical fragility criteria can get MDCP through a limited nursing facility stay
- Eligibility is redetermined every year and sometimes individuals lose eligibility and should appeal the decision
- Children on MDCP automatically transition into STAR + Plus waiver on their 21st birthday

CLASS

CLASS – Community Living Assistance and Support Services

- Alternative to ICF/IID/RC for children and adults
- Does not consider parental income/Individual Income 3x SSI
- Developmental disability that occurred before the age of 22
- Primary disability must be a related condition (other than intellectual disability)
- Cost cap is 200% of cost of ICF/IID/RC or \$114,736.08 per year

CLASS – Community Living Assistance and Support Services

Services	
Residential Habilitation Transportation	Supported Employment/Employment Assistance
Therapy – OT, PT, ST	Specialized Therapies Massage, HIPPO, music, recreation and aquatic therapy
Home Modifications \$10,000 life-time limit \$300 for annual repair/maintenance	Adaptive Aids/Vehicle Modifications/Dental \$10,000 per year
Nursing	Respite Up to 30 days per year
Behavioral Support including ABA	Prevocational Services
Support Family Services	Transition Assistance Services
Auditory Integration/Enhancement Therapy	Cognitive Rehab Therapy
Dietary	

Important Facts About CLASS

- There is a way for children and adults to leave nursing facilities and get CLASS
- People who have high needs can ask to go over the yearly cost cap
- Adults over 21 in the waiver get medical services through STAR Plus Managed Care and Children in the waiver get medical services through STAR Kids
- List of Related Conditions - <https://www.hhs.texas.gov/sites/default/files/documents/doing-business-with-hhs/providers/health/icd10-codes.pdf>

HCS

HCS – Home and Community-Based Services

- Alternative to ICF/IID for children and adults
- Does not consider parental income/Individual Income 3x SSI
- Developmental disability with primary diagnosis of intellectual disability and an IQ below 70 or with a Related Condition and an IQ below 75
- IQ is not considered for those individuals who meet medical necessity for nursing facility
- Yearly Cost Cap based on Level of Need:
 - \$167,468 for LON 1,5,8
 - \$168,615 for LON 6
 - \$305,877 for LON 9

HCS – Home and Community-Based Services

Services	
Residential Assistance 3 and 4 bed group homes Host Home – No more than 3 people	Supported Employment/Employment Assistance
Minor Home Modifications \$7,500 lifetime limit \$300 annual maintenance/repair	Adaptive Aids \$10,000 per year
Therapy – ST, OT, PT	Individualized Skills and Socialization
Nursing	Respite - 300 units or 30 days
Behavioral Support including ABA	Dental - \$2,000
Audiology	Supported Home Living – Transportation
Transition Assistance Services	Cognitive Rehab Therapy
Dietary	Supported Home Living - Transportation

Important Facts About HCS

- There is a way for individuals to leave nursing facilities and get HCS regardless of their IQ
- There is a way for individuals to get HCS if they are at risk of going into a nursing facility
- There is a way for individuals to get HCS if they are in a crisis
- People who have high needs can ask to go over the yearly cost cap
- Day Habilitation recently changed to Individualized Supports and Services
- Adults over 21 in the waiver get medical services through STAR Plus Managed Care and Children in the waiver get medical services through STAR Kids

TxHmL

TxHmL – Texas Home Living

Alternative to ICF/IID for children and adults

Does consider parental income, must have Medicaid or SSI

Developmental disability with IQ below 70 or a Related Condition and an IQ below 75

Yearly Cost Cap is \$17,000

TxHmL – Texas Home Living

Services	
Community Support - Transportation	Supported Employment/Employment Assistance
Minor Home Modifications \$7,500 lifetime limit \$300 per year maintenance/repair	Adaptive Aids \$10,000 per year
Therapy – ST, OT, PT	Individualized Skills and Socialization
Nursing	Respite No limit- based on need
Behavioral Support including ABA	Dental \$1,000 per year
Audiology	Dietary

Important Facts About TxHmL

- TxHmL has a large number of services, but a lower dollar amount of services
- HHSC has been evaluating whether to move all or some of the TxHmL services to managed care.
- Adults over 21 in the waiver get medical services through STAR Plus Managed Care and Children in the waiver get medical services through STAR Kids

DBMD

Deaf-Blind with Multiple Disabilities

- Alternative to ICF/IID/RC for children and adults
- Individuals who are deaf/blind with a third disability resulting in demonstrated need for daily habilitation
- Does not consider parental income/Individual Income 3x SSI
- Yearly cost cap is 200% of cost of ICF/IID/RC or \$114,736.08 per year

Deaf-Blind with Multiple Disabilities - Services

Services	
Residential Habilitation/Assisted Living	Supported Employment/Employment Assistance
Home Modifications \$10,000 lifetime limit \$300 year repair/maintenance	Adaptive Aids/Vehicle Modifications \$10,000 per year
Therapy – ST, OT, PT	Individualized Skills and Socialization
Nursing	Respite 30 units (days)
Behavioral Support including ABA	Audiology
Environmental Accessibility	Intervenor
Orientation and Mobility	Chore Provider
Dental \$2,500 Dental and \$2,000 Sedation	

Important Facts About DBMD

- Way for individuals to leave nursing facilities and get DBMD
- People who have high needs can ask to go over the yearly cost cap
- Adults over 21 in the waiver get medical services through STAR Plus Managed Care and Children in the waiver get medical services through STAR Kids

YES

YES - Youth Empowerment Services

- Alternative to in-patient psychiatric care for children and adolescents ages 3 through 18
- Must meet medical necessity and level of care criteria for inpatient psychiatric admission including, including risk of self-harm, risk of severe disruptive or aggressive behavior
- Does not consider parental income/Individual Income 3x SSI

YES - Youth Empowerment Services

Services	
Community Living Supports	Respite 720 hours (30 days)
Home Modifications \$5,000 per year combined with adaptive aids	Adaptive Aids \$5,000 per year combined with Minor Home Mods
Therapy Animal Assisted Therapy, Music Therapy, Art Therapy, Recreation Therapy	Para-Professional Services
Supportive Family Based Alternatives	Family Supports
Transitional Services	Non-Medical Transportation
Nutritional Counseling	Supported Employment
Employment Assistance	

Important Facts About YES

- YES waiver is statewide
- There are some wait times in some of the service areas
- Children with a qualifying primary mental health condition and autism may qualify for waiver services

STAR+Plus Waiver

Star+Plus Home and Community-Based Services

- Alternative to nursing facilities
- Adults 21 years or older
- Income limit is 300% of SSI
- Individuals who have SSI and meet waiver eligibility can get services with no wait.
- Cost cap is up to 202% of the individual's Resource Utilization Groups (RUG) <https://pfd.hhs.texas.gov/sites/rad/files/documents/long-term-svcs/2015/2015-nf-rates.pdf>

Star+Plus Home and Community-Based Services

Services	
Personal Assistance Services – MAO Population	Supported Employment/Employment Assistance
Home/Vehicle Modifications \$7,500 lifetime with \$300 per year repair/maintenance	Adaptive Aids/Medical Supplies \$10,000 per year
Therapy - ST, OT, PT	Home Delivered Meals
Nursing	Respite – 30 days
Protective Supervision	Emergency Response Services
Adult Foster Care	Dental \$5,000; exception to cap may be made if services of oral surgeon is required (up to an additional \$5000)
Transition Assistance Services	Assisted Living Facility
Cognitive Rehab Therapy	

Important Facts About STAR+Plus Waiver

- Young adults who turn 21 and who age out of MDCP or Medicaid Private Duty Nursing move into STAR+Plus waiver with no wait
- Individuals who have SSI automatically get STAR+Plus waiver services with no wait, higher income individuals enter from waiting list
- There is a mechanism for individuals to leave a nursing home and move into STAR+Plus
- Individuals in STAR+Plus whose needs exceed the individual cost cap can request from HHSC the ability to exceed the cost cap

Interest List Contact Information

Waiver	Contact Information
MDCP	1-877-438-5658
CLASS	1-877-438-5658
HCS	Local Authority https://apps.hhs.texas.gov/contact/search.cfm Ask for IDD Services Division
Texas Home Living	Local Authority https://apps.hhs.texas.gov/contact/search.cfm Ask for IDD Services Division
DB/MD	1-877-438-5658
STAR+Plus Waiver	1-877-438-5658
YES	https://hhs.texas.gov/services/mental-health-substance-use/childrens-mental-health/yes-waiver Click link for YES Waiver Inquiry Hotline https://www.hhs.texas.gov/sites/default/files/documents/services/mental-health-substance-use/yes-waiver-inquiry-line.pdf

Your Texas Benefits Self-Service Portal for Medicaid Waiver Interest Lists

Background

- Interest List Questionnaire updated to align with requirements in H.B. 3720
- Your Texas Benefits (YTB) updated to allow individuals or their representative to add an interest list request and update information in the Community Service Interest List (CSIL) system

Portal

- Self-service options are access through www.yourtexasbenefits.com(YTB)
- Add interest list requests for waiver programs, except Home and Community-based Services (HCS) and Texas Home Living (TxHmL)
- After an individual is added to an interest list, the individual has the option to update contact information, such as address, phone or primary or alternate contacts
- View status on interest list
- Update the questionnaire

Medicaid Buy-In



Medicaid Buy-In for Children

Medicaid Buy-In for Children can help pay medical bills for children with disabilities. This program helps families who need health insurance, but make too much money to get traditional Medicaid. Families “buy in” to Medicaid by making a monthly payment (premium).

To be in this program a child must:

- Be age 18 or younger
- Meet the same rules for a disability that are used to get SSI
- Live in Texas.
- Be a U.S. citizen or legal resident.
- Not be married.

Get an application form for Medicaid Buy-In for Children (Form H1200-MBIC).

- Go to www.hhsc.state.tx.us. Click on “How to Get Help.” Then click on “Children.”
- Call 2-1-1 and ask to have a Medicaid Buy-In for Children application mailed to you.
- Go to an HHSC benefits office. Call 2-1-1 to find one near you.

Medicaid Buy-In for Adults

What is the Medicaid Buy-In program?

Allows certain people with disabilities who work to buy into Medicaid.

The program offers low-cost Medicaid health care services — including some community-based services and supports. Some people might have to pay a monthly fee.

Who can be in the Medicaid Buy-In program?

A person who:

Has a disability.

Is working.

Lives in Texas.

Does not live in a state institution or nursing home all the time.

Fill out an application form. You can get it one of these ways:

Download the form: <http://www.hhsc.state.tx.us/Help/1200-MBI-eng.pdf>

Call 2-1-1 and ask to have an H1200 form mailed to you.

Pick up a form at an HHSC benefits office. Call 2-1-1 or 1-877-541-7905 (toll-free) to find one near you.



For More Information

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