

TEXAS PARENT TO PARENT PRESENTS
CONFERENCE SPEAKER SERIES

SEPTEMBER

PERSONAL NETWORKS: CREATING COMMUNITY
FOR PEOPLE WITH DISABILITIES

Denise Sonleitner
1:30-3:00pm

Tuesday 1

GRIEF AND STAGES OF ADAPTATION

Patty Geisinger
1:30-3:00pm

Tuesday 8

NAVIGATING SPECIAL EDUCATION: COVID-19
FAST FACTS 3.0

Caroline Nelson
1:30-3:00pm

Tuesday 15

INTRODUCTION TO MINDFULNESS

Isabel Rivera
1:30-3:00pm

Tuesday 22

SPECIAL NEEDS PLANNING – KEY STEPS TO
ACHIEVING FINANCIAL SUCCESS

Allison Schaberg
1:30-3:00pm

Tuesday 29

SAFER SEXUALITY AND HEALTHY
RELATIONSHIPS FOR YOUNG ADULTS
Heidi Lersh & Maggie Stuter

2:30-4:00pm

Thursday 3

WHEN IT RAINS IT POURS: RESILIENT
CHOICES WHEN WE FEEL WE ARE
DROWNING

Valencia Gensollen
2:30-4:00pm

Thursday 10

FAMILY PLANNING TOGETHER: FOR NOW
AND FOR THE FUTURE

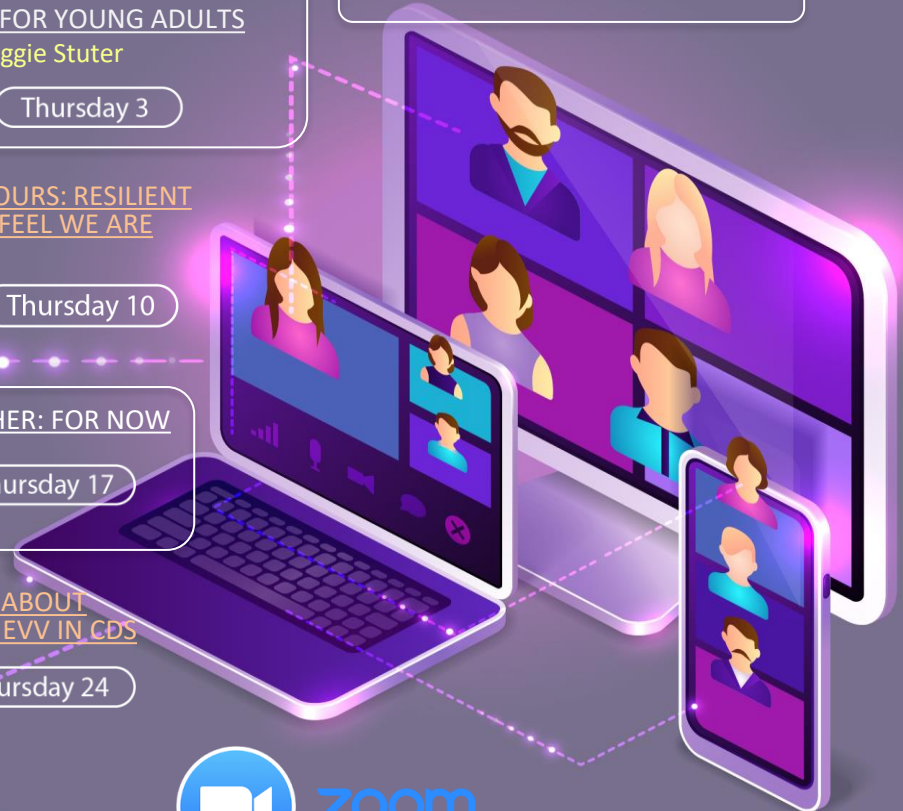
Ivy Goldstein
2:30-4:00pm

Thursday 17

WANT TO LEARN MORE ABOUT
THE UPCOMING USE OF EVV IN CDS

April Baker
1:30-3:00pm

Thursday 24



TEXAS PARENT TO PARENT PRESENTA
SERIES DE CONFERENCIAS

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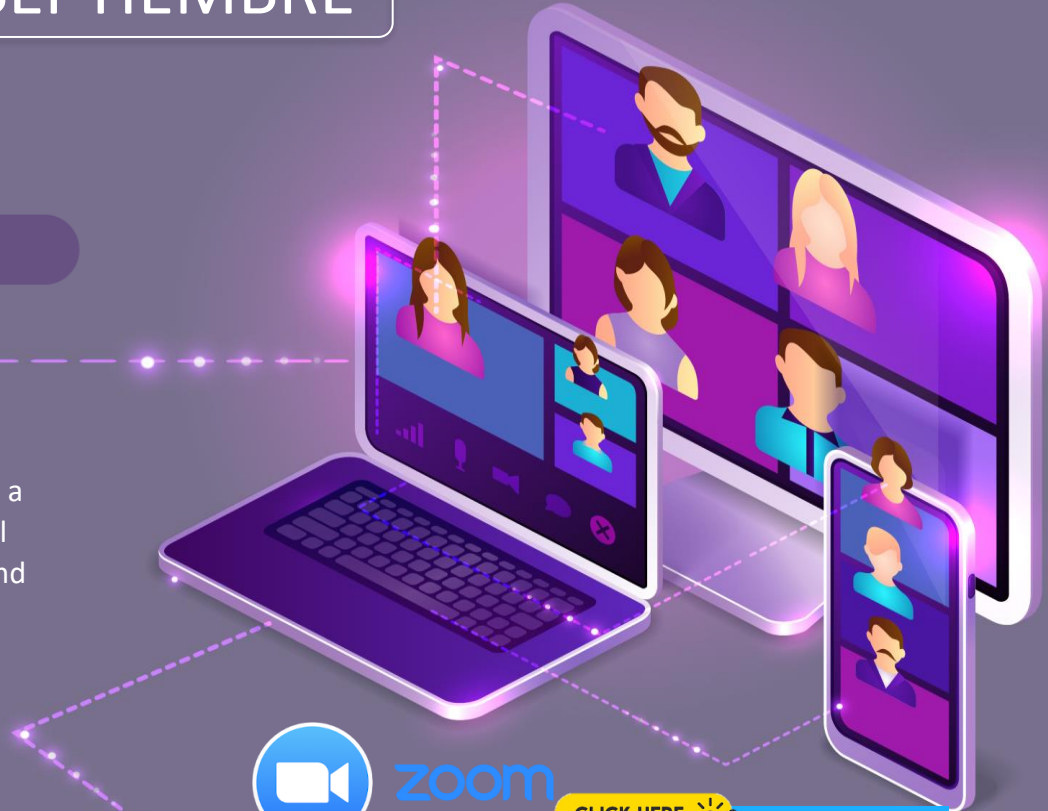
PERSONAL NETWORKS:
CREATING COMMUNITY FOR
PEOPLE WITH DISABILITIES

Tuesday 1

1:30-3:00pm

Denise Sonleitner

Personal networks build a circle of caring volunteers around a person at risk of isolation. They promote planning and social opportunities in the present, assist with decision-making, and work to be sustainable after parents can no longer be available. Learn more about networks, how they benefit families and how the TxP2P Texas Network Connections Program can help you start a network.



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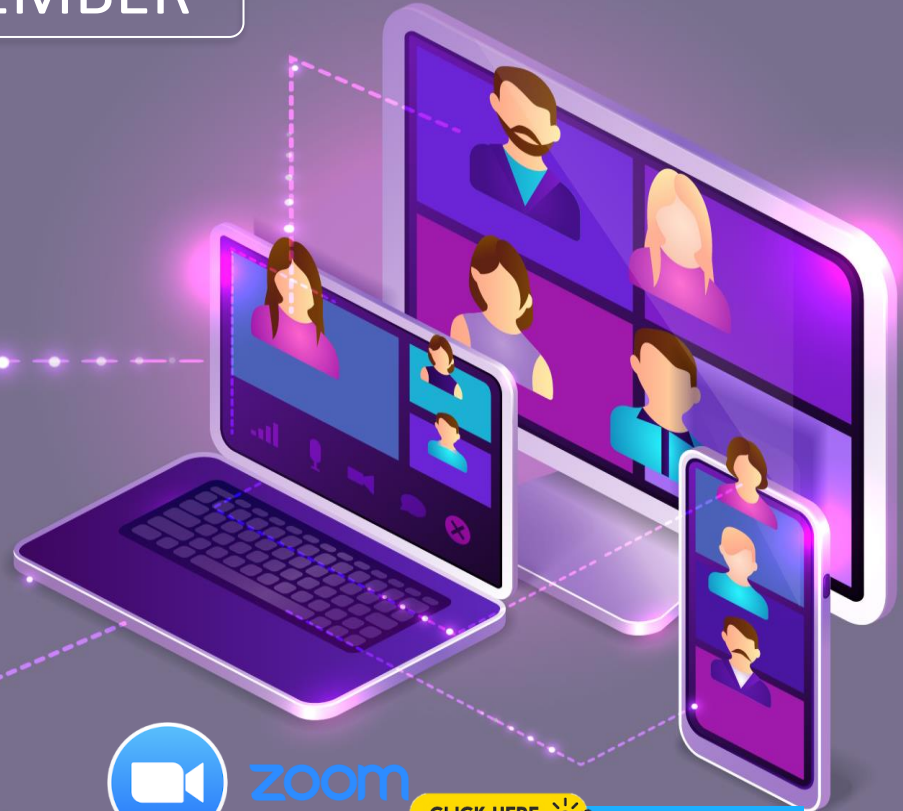
**SAFER SEXUALITY
AND HEALTHY RELATIONSHIPS
FOR YOUNG ADULTS**

Thursday 3

2:30-4:00pm

Heidi Lersch & Maggie Suter

Young adults with disabilities commonly lack access to information about safer sexuality and healthy relationships, which can result in not having the skills they need to be safer in their relationships. Join us to explore practical, hands-on tools that they can use to be safer in their relationships, including romantic and sexual relationships. Heidi and Maggie will address common misconceptions about romantic and sexual relationships and individuals with disabilities. They will provide resources on safer sexuality and tips for family members supporting individuals with disabilities in being safer in their relationships.



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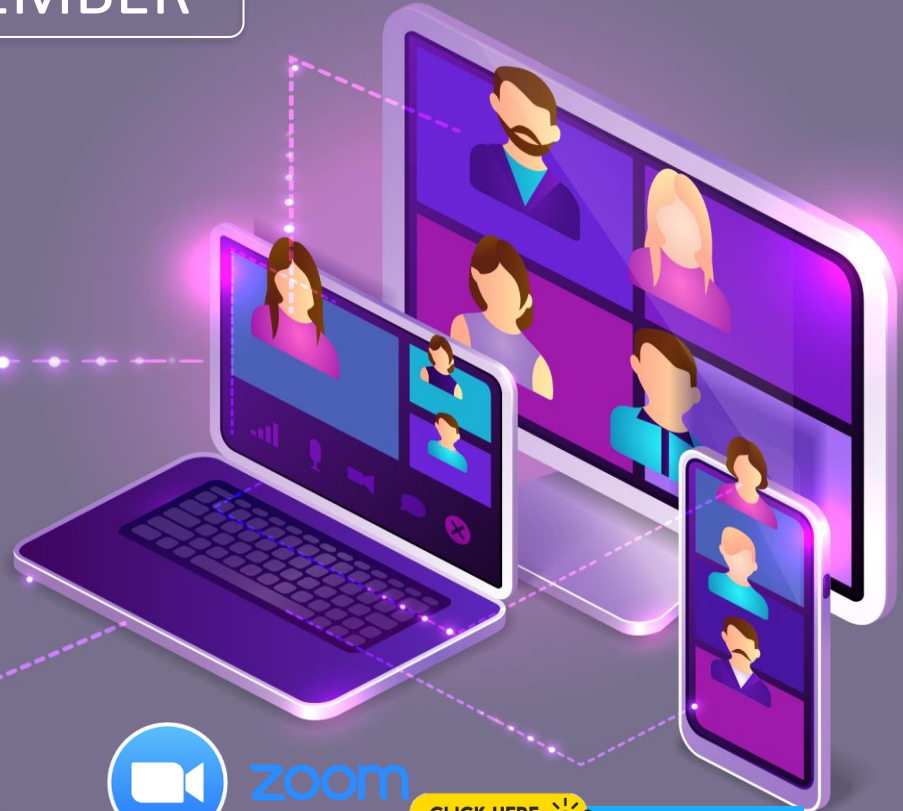
GRIEF AND STEPS OF
ADAPTATION

Tuesday 8

1:30-3:00pm

Patty Geisinger

Learn to make sense of the emotions you may be experiencing, how grief applies to being a parent of a child with a disability or special health care need and how to identify the stages that most parents experience on this journey.



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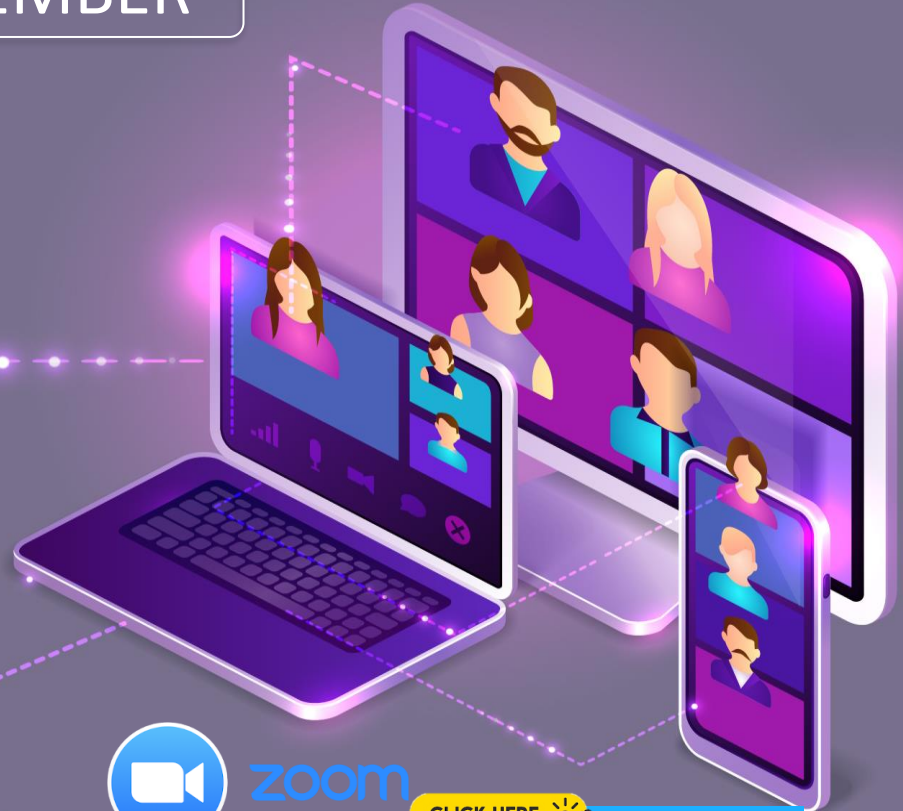
WHEN IT RAINS IT POURS
RESILIENT CHOICES WHEN WE
FEEL WE ARE DROWNING

Thursday 10

2:30-4:00pm

Valeria Genzollen

Have you ever heard the expression, "When It Rains, It Pours?" Would you rather be playing in that rain? Well, you're in luck! Resiliency is a skill that can help us bounce back in tough times and we can quickly build it up by making intentional choices in our day. Join Valeria to explore the world of resiliency. What is it? What does it take to be more resilient and ways it can improve our lives. We will discuss ways to build skills for ourselves and those around us. Not only to get *through* tough times but also to thrive during days when we feel like we are drowning.



zoom

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