

# Trauma Informed Care for People with IDD (Intellectual and/or Developmental Disabilities)

*Laura.G.Buckner, M.Ed., L.P.C., M.O.M.*

Texas Center for Disability Studies, The  
University of Texas at Austin

[Laura.buckner@utexas.edu](mailto:Laura.buckner@utexas.edu)

Former special educator, LPC, parent of a  
young man with IDD and a bit of trauma





[The video I wanted to show LEND 1/24/22](#)

<https://txcan.tea.texas.gov/video-library>

This is a link to a library of 1-2 minute video clips with parents - 6 with me, all translated in Spanish too. In case you're interested!





# The Road to Recovery: Supporting Children with IDD Who Have Experienced Trauma

NCTSN

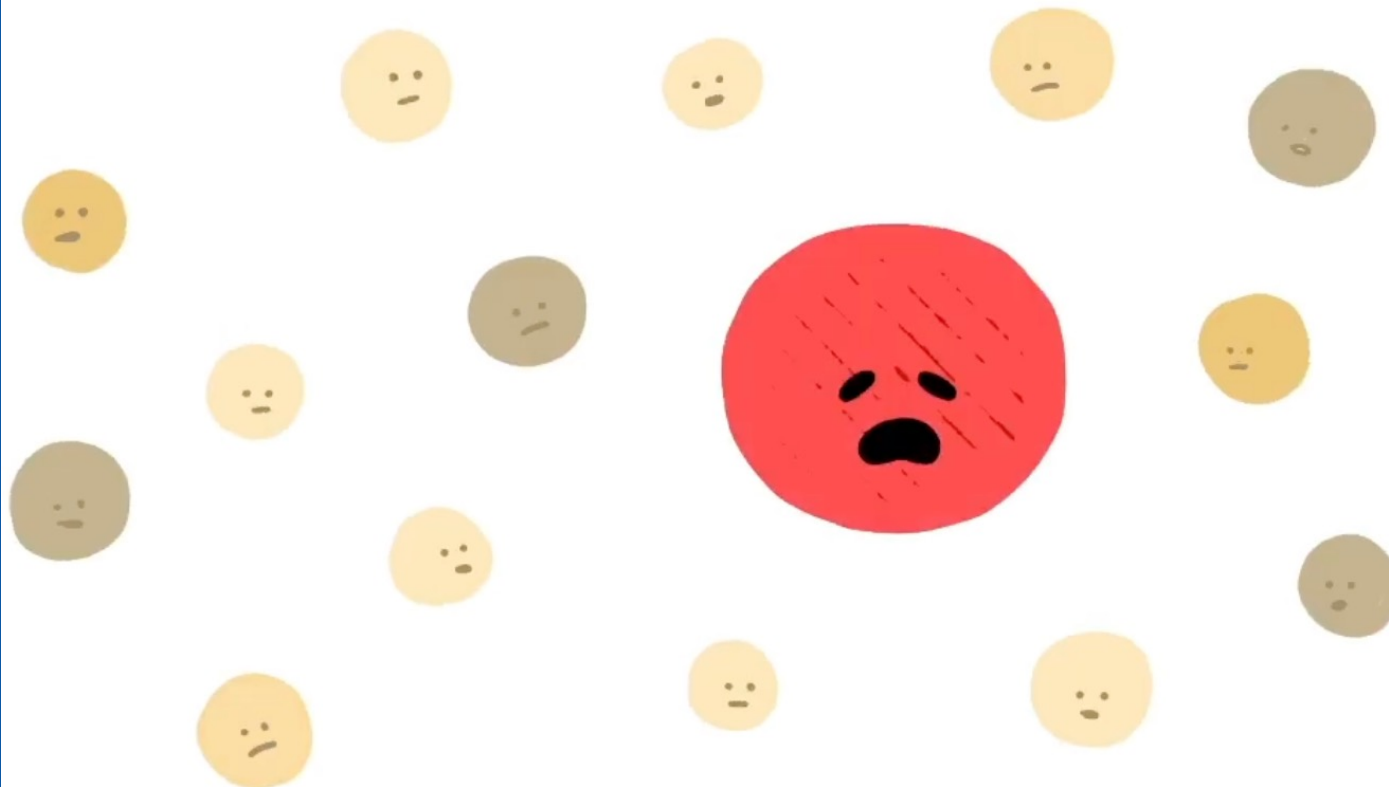
  
The National Child  
Traumatic Stress Network



Hogg Foundation  
*for* Mental Health

ADVANCING RECOVERY AND WELLNESS IN TEXAS

# HOW TO RESPOND TO STUDENT OUTBURSTS



Click on the middle  
of the slide the  
video should play.  
If not...try here!

<https://www.youtube.com/watch?v=Jm5knZzeaWU>

**NEVER**

IN THE HISTORY OF CALMING DOWN.  
HAS ANYONE EVER CALMED DOWN  
BY BEING TOLD TO CALM DOWN.



**CALM DOWN**

# Resources

<https://www.National Child Traumatic Stress Network.org/>

<https://Echo training>

<https://www.edutopia.org/>

The Deepest Well – Dr. Nadine Burke-Harris

[Dr. Nadine Burke-Harris - youtube video](#)

[Dr. Nadine Burke-Harris Ted.com](#)

The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma - Bessel van der Kolk M.D.

<https://acestoohigh.com/aces-101/> - Information about ACES (Adverse Childhood Experiences)

Road to Recovery – Trauma Informed Care for Children with Intellectual & Developmental Disabilities Who have Experienced Trauma – state trainers can be found here: [TCDS Road to Recovery Project Trainers](#)

<https://ACES in Education>