



## Personal Care Services (PCS)

Personal Care Services (PCS) is a program for children/young adults with Medicaid who are under the age of 21 years and have physical, cognitive, and/or behavioral limitations related to a disability or special health care need that inhibits the individual's ability to accomplish activities of daily living. Remember most young adults with disabilities are eligible for Medicaid at age 18 so keep reading if you child is about to turn 18.

Many programs have very long waiting lists but PCS does not; it gets you the help you might need now. Examples of the tasks that PCS can provide is help with bathing, dressing, feeding, grooming, positioning, transferring, toileting, light housekeeping, meal preparation, etc.

For eligibility and more information, call the PCS Client Line 1-888-276-0702.

Thank you to Mary Souhrada, Program Director/PHC Manager, with Disability Services of the Southwest, (CLASS and PHC), and Life Span (PCS and Star Plus) for her help with this article. She can be reached at [MSouhrada@dsswtx.org](mailto:MSouhrada@dsswtx.org) or 512.419.1962 ext 3015.

Life Span serves PCS clients in the Bastrop, Blanco, Brazos, Burleson, Burnet, Caldwell, Fayette, Grimes, Hays, Lampas, Lee, Llano, Mills, San Saba, Travis, Washington, and Williamson counties. You can call Life Span at 1-877-434-3153 to get more information on the PCS program for these counties.

**Texas Parent to Parent**

1805 Rutherford Ln. ★ Suite 201 ★ Austin, TX 78754 ★ 866-896-6001 ★ 512-458-8600

website: [www.txp2p.org](http://www.txp2p.org) ★ Email: [info@txp2p.org](mailto:info@txp2p.org)