

## Texas Parent to Parent Houston and Vicinity Resource Information

### **Texas Parent to Parent**

(512) 458-8600 (866) 896-6001 www.txp2p.org A statewide non-profit developed for parents by parents: provides parent to parent matches, support, information, website, resource, newsletter, etc.

**Mission:** 

Texas Parent to Parent supports children with disabilities, chronic illness, and other special healthcare needs by empowering their parents to be advocates for them through peer support, resource referral and public awareness.

### Local Resources

### **ECI (Early Childhood Intervention)**

Early childhood intervention services to families with children 0-3 years that have developmental delays.

### https//hhs.texas.gov/services/disability/early-childhood-intervention-services

Bay Area Rehabilitation Center (BARC) Part of Harris/Chamber Counties		(800) 247-3777
BACH ECI	(Angleton)	(979) 849-2447
Project Grow	Part of Harris/Ft. Bend Co's & all of Waller Co.	(281) 238-1800
ECI Infant Program of Easter Seal	Part Harris/Ft. Bend Counties	(713) 838-9050
UT Med Branch – ECI-LAUNCH	Galveston & pt. Harris Co.	(281) 534-6755

### **TEAM Project (Partners Resource Network, Inc.)**

(877) 832-8945 Parent training and information (PTI) for the Houston area. http://prntexas.org/texas-ptis/team-project-2

### The Arc of Greater Houston

(713) 957-1600

www.aogh.org

Serves children and adults with developmental disabilities; various types of programs; parent education and support groups including Familias Hispanas del ARC.

### HCIL (Houston Center for Independent Living)

(713) 974-4621	Provides information and referral, peer support, individual and systems advocacy,
www.hcil.cc	independent living skills training and coordination of services.



## Local Resources (Continued)

# The Harris Center for Mental Health and IDD (Eligibility Center)(713) 970-4800Provides services to children between the ages of 3-17 withhttp://www.theharriscenter.orgbehavioral and mental health problems.

TIRR SportsTIRR Memorial Hermann Adaptive Sports was developed to give athletes with all(713) 797-5928types of disabilities an outlet to continue playing sports.www.tirr.memorialhermann.org/patient-resources/adaptive -sports

### NAMI (National Alliance on Mental Illness)

(713) 970-4419
www.namigreaterhouston.org
Free education programs, peer facilitated support groups and grassroots advocacy initiatives that enable families and consumers to better understand the complexities and challenges of living with a mental illness.

### **University of Houston Families CAN Program**

One-on-one Family Partners work to assist and support families by providing information and referrals, in-home casework, coordination of resources and services from other agencies.

https://www.uh.edu/education/pep/families-can

### **University of Houston – Center for Sight Enhancement (CSE)**

Providing multidisciplinary service, training and resources in low vision rehabilitation to help people of all ages with vision loss lead independent and productive lives.

http://www.opt.uh.edu/patient-care/uei/our-services/low-vision/

Texas Project First	A project of the Texas Education Agency and committed to providing accurate and
1-855-773-3839	consistent information to parents and families of students with disabilities.
www.texasprojectfirst.org	

### **Family to Family Network**

(713) 466-6304

(713) 743-5491

(713) 743-2020

IEP parent support in Houston, education and training events on the special education process, information and referral to community resources. Family to Family Network offers families of children with disabilities the opportunity to network with other families in order to learn from and help one another.



## Local Support Groups

Down syndrome Association of Houston	(713) 682-7237
Brain Injury Association – Houston Chapter	(800) 444-6443
Candlelighters Childhood Cancer Family Alliance, Inc.	(713) 270-4700
NAMI Greater Houston – Great Minds Think Alike (GMTA)	(713) 970-4419

## **Very Important!!**

There are three waiting lists you should get on now for services that will make a big difference later:

CLASS (Community Living & Support Services)	(877) 438-5658
MDCP (Medically Dependant Children's Program)	(877) 438-5658
HCS (Home & Community Services)	(713) 970-7799

These programs provide funding, based on the income of the individual with disabilities (not the family), for therapies, assisted/supported living, home and vehicle modifications, nursing, adaptive aids and more. Waiting lists are years long; so sign up now!

## **Other Helpful Numbers**

**2-1-1 Texas** United Way's comprehensive, confidential information and community referral program with a computerized database of services that serves Texas residents.

SSI (Supplemental Security Income)www.ssa.gov/disability/(800) 772-1213Monthly payment and/or Medicaid - dependent on family income

For more resources, including resources in other cities/counties of Texas please visit the Resource Directory on the Navigate Life Texas website at <u>www.navigatelifetexas.org</u>.