



Texas Parent to Parent

Texas Parent to Parent Rio Grande Valley Resource Information

Texas Parent to Parent

(512) 458-8600

(866) 896-6001

www.txp2p.org

A statewide non-profit developed for parents by parents: provides parent-to-parent matches, support, information, website, resource, newsletter, etc.

Mission:

Texas Parent to Parent supports children with disabilities, chronic illness, and other special healthcare needs by empowering their parents as advocates through peer support, resource referral, and public awareness.

Local Resources

ECI (Early Childhood Intervention)

(877)787-8999

<https://hhs.texas.gov/services/disability/early-childhood-intervention-services>

Therapies for children, birth to 3-years-old, provided in home evaluation of child's physical and mental development. Provision of services related to disability (OT, PT, and Speech). Call to locate provider in your area (based on zip code).

Easter Seals RGV ECI Program

(956) 631-9171

Region 1 ESC-ECI

(855) 651-1960

Camino Real Community Services

(830) 216-4326

ECI Project Ninos Laredo

(956) 728-1769

Teaching and Mentoring Communities

(Texas Migrant Council, Inc.) Child Find/Head Start

Rio Grande Valley Region

1-888-464-5001 or (956) 464-5000

Provide children with educational, health and nutritional services health and nutritional and link children and families to needed community services. Infants to 5 years old.

Border Region Behavioral Health Center (formerly MHMR Center)

(956) 794-3000

<http://www.borderregion.org>

Provider of comprehensive and compassionate recovery-oriented services to individuals with behavioral health needs. Also offers linkage to other services and waiting lists, respite, case management (Counties: Hogg, Starr, Webb y Zapata)



Texas Parent to Parent

Local Resources (Continued)

Tropical Texas Behavioral Health

(956) 289-7000

www.ttbh.org

Providing quality behavioral healthcare with respect, dignity and cultural sensitivity through the efficient delivery of services.
Cameron, Hidalgo & Willacy counties.

VAIL a Center for Independent Living

(866) 400-8245 toll free

(956) 668-8245 McAllen

(956) 523-1411 Laredo

www.vailrgv.org

Services provided at no cost to persons with disabilities in the
Rio Grande Valley and South Texas.

PTI – Parent Training & Information - TEAM Project, Partners Resource Network

(956) 376-9178

<http://prntexas.org/texas-ptis/team-project-2>

Federally funded Parent Training & Information serving Texas parents of children and youth with disabilities ages birth to 26. Information and referral, trainings, consulting and webinars.

Region One (Education Service Center)

(956) 984-6000

<http://www.escl.net>

Training and technical assistance for teachers, paraprofessionals, parents and support staff for students with disabilities.

Area Agency on Aging

Lower Rio Grande Valley

(956) 682-3481 (ext. 116)

www.lrgvdc.org/aging.html

Part of the CMS Medicare Rx Volunteer Initiative. Provides free case management, assistance to people with Medicare/Medicaid to understand the options for prescription drug plans.

Down by the Border

(956) 541-2085

www.downbytheborder.org

Public awareness, advocacy and information sharing with a goal to help individuals with Down syndrome.



Services

Parent Companion

www.Parentcompanion.org

A guide for Texas parents and caregivers of children with diagnosed or suspected disabilities from birth through 5 years of age.

Navigate Life Texas

<https://www.navigatelifetexas.org>

Statewide website created for parents of children with disabilities or special health care needs. Designed to offer support, inspiration, resources and links to services available.

SSI (Supplemental Security Income)

Toll Free (800) 772-1213

Monthly payment and Medicaid - dependent on family income

Very Important!!

There are three waiting lists you should get on now for services that will make a big difference later:

CLASS (Community Living & Support Services)	(877) 438-5658
MDCP (Medically Dependant Children's Program)	(877) 438-5658
HCS (Home & Community Services)	(800) 458-9858
TxHmL (Texas Home Living Program)	Contact local authority

These programs provide funding, based on the income of the individual with disabilities (not the family), for therapies, assisted/supported living, home and vehicle modifications, nursing, adaptive aids and more. Waiting lists are years long; so sign up now!

Local Support Groups:

Parents for M.A.S.H.	(956) 686-8096
Parents Supporting Parents Network, RGV	(956) 447-8408



Local Support Groups (continued)

PASS (Parents Advocating for Student Success)	(956) 640-9317
RGV Down Syndrome Association – McAllen Parent Group 1 st Thurs.	(956) 314-0821
NAMI (National Alliance on Mental Illness)	(956) 624-4960
South Texas Traumatic Brain Injury Support Group	(956) 362-3550
AWARE RGV (Advocates Working to Provide Autism Resources & Education)	(956) 277-1776
Autism United – RGV	(956) 590-5127

Other Helpful Numbers

Ronald McDonald House Charities of the Rio Grande Valley	(956) 412-7200
Moody Clinic	(956) 542-8504
Attorney General’s Office – Child Support Enforcement	(800) 252-8014
Texas Rio Grande Legal Aid Society, Inc.	(800) 369-9270
Food Bank of the Rio Grande	(956) 682-8101

For more resources, including resources in other cities/counties of Texas, please visit the Resource Directory on Navigate Life Texas at www.navigatelifetexas.org

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