Texas Parent to Parent
San Antonio and Vicinity
Resource Information

Texas Parent to Parent
(512) 458-8600
(866) 896-6001
www.txp2p.org

A statewide non-profit developed for parents by parents: provides
parent to parent matches, support, information, website, resource,
newsletter, etc.

Mission:
Texas Parent to Parent supports children with disabilities, chronic
illness, and other special healthcare needs by empowering their parents
to be advocates for them through peer support, resource referral and
public awareness.

Local Resources

Texas Health & Human Services (HHS)
ECI (Early Childhood Intervention)
(877) 787-8999
https://hhs.texas.gov/services/disability/early-childhood-intervention-services
Therapies for children, birth to 3-years-old, provided in home;
evaluation of child’s physical and mental development.
Provision of services related to disability (OT, PT, and Speech).
Call to locate provider in your area (based on zip code).

Brighton School (210) 826-4492
Easter Seals Rehabilitation Center (210) 614-3911
Center for Health Care Services (210) 261-3350

Parent Companion
www.Parentcompanion.org
A guide for Texas parents and caregivers of children with diagnosed or suspected disabilities from birth through
5 years of age.

Navigate Life Texas
https://www.navigatelifetexas.org
Statewide website created for parents of children with disabilities or special health care needs. Designed to
offer support, inspiration, resources and links to services available.
Local Resources (Continued)

Alamo Area Council of Governments
Alamo Local Authority for Intellectual and Development Disabilities (ALA for IDD)
(210) 832-5020
Provides community services and supports for eligible adults and children with intellectual and developmental disabilities and their families in Bexar County.
www.aacog.com

The Center for Health Care Services
(210) 261-1000
Linkages to other services and waiting lists, respite, case management
www.chcsbc.org
Providing mental health, developmental disability and substance abuse services.

Partners Resource Network, TEAM Project
(281) 969-5944 or (877) 832-8945
http://prntexas.org/texas-ptis/team-project-2

Any Baby Can – San Antonio
(210) 227-0170
Provides case management, crisis assistance, sibling support, information and referrals to access community resources for children 0-17.
www.anybabycansa.org

Any Baby Can – Kerrville
(830) 792-4222

Region 20 Education Service Center
(210) 370-5200
Provides resources and training opportunities for parents and professionals.
www.esc20.net

School District Parent Liaisons
Assists with special education and parent support.
Alamo Heights ISD Michelle Harrison (210) 442-3700 x 3715 mharrison@ahisd.net
Judson ISD Susan Wright (210) 945-5368 swright@judsonisd.org
Northside ISD Rhonda George (210) 397-5482 rhonda.george@nisd.net
Southwest ISD Peggy Estrada (210) 622-4330 x 3721

If you do not find your school district listed, please call your school district’s special education office or your region service center.
Local Resources (Continued)

SAILS (San Antonio Independent Living Services)
(210) 281-1878  Advocacy and referrals for all ages, independent living skills and transition assistance for teens 14 and up.
www.sailstx.org

Arc of San Antonio
(210) 490-4300  Provides case management, respite, pantry services and ARD support.
www.arc-sa.org

Texas Federation of Families for Children’s Mental Health
(210) 944-9972  Supporting children & youth with emotional, behavioral or mental disabilities.
http://cpfamilynetwork.org/resources/texas-federation-of-families-for-childrens-mental-health

CSD (Communication Services for the Deaf ) of Texas
(800) 642-6410  Improving the lines of communication and a more accessible world for the deaf and hard of hearing.
www.csd.org

Respite Care of San Antonio, Inc.
(210) 737-1212  Respite developmental daycare for children 6 wks – 6 years; day/night out services as well.
http://www.respitecaresa.com

Local Support Groups:

- Down Syndrome Association of South Texas  (210) 349-4372
- Division for Blind Services  (210) 785-2750
- Brain Injury Association of Texas  (800) 444-6443
- Cystic Fibrosis Foundation – Lone Star Chapter  (210) 829-7267
- Alamo Head Injury  (210) 614-4323
- Any Baby Can Sibling Support Group  (210) 227-0170
- CHADD (Children and Adults with Attention Deficit Disorder)  (800) 233-4050
- Clarity Child Guidance Center  (210) 616-0300
Local Support Groups (Continued)

NAMI National Alliance for Mental Illness, S.A.  
(210) 734-3349
Epilepsy Foundation of Central and South Texas  
(210) 653-5353
Muscular Dystrophy Association – San Antonio  
(210) 650-3181
T.A.A.I.D. (Texas Adults with Autism and Intellectual Disabilities)  
(210) 262-6740

Very Important!!

There are three waiting lists you should get on now for services that will make a big difference later:

CLASS (Community Living & Support Services)  
(877) 438-5658
MDCP (Medically Dependant Children’s Program)  
(877) 438-5658
HCS (Home & Community Services)  
(800) 458-9858
TxHmL (Texas Home Living Program)  
(800) 458-9858
(YES) Waiver (Youth Empowerment Services)  
(210) 731-1300

Other Helpful Numbers

2-1-1 Texas  
United Way’s comprehensive, confidential information and community referral program with a computerized database of services that serves Texas residents.

SSI (Supplemental Security Income)  
(800) 772-1213  
Monthly payment and/or Medicaid - dependent on family income

Department of State Health Services (DSHS)  
Children with Special Health Care Needs Services Program (CSHCN)  
(800) 252-8023  
https://www.dshs.texas.gov/cshcn  
Children with Special Health Care Needs
Other Helpful Numbers (continued)

Department of Aging and Disability Services (DADS)
Moved to Texas Health and Human Services
(855) 937-2372  Long-term care programs
https://hhs.texas.gov/services/disability/consumer-directed-services

Texas Health & Human Services (HHS)
The Blind Children’s Vocational and Discovery Program
(877) 787-8999
For service centers in your region of the state please visit their website.

San Antonio Parks & Recreation – Adaptive Sports & Recreation Program
(210) 207-7275  Wheelchair sports, summer day camps, aquatics
www.sanantonio.gov/parksandrec/sports.aspx

Family Service Association
(210) 299-2400  Head start, parenting education, counseling, behavioral health, education and workforce.
www.family-service.org

A Caring Choice (through the ARC of San Antonio)
(210) 490-4300  After school and summer recreational programs
www.arc-sa.org

For more resources, including resources in other cities/counties of Texas please visit the Resource Directory on www.navigatelifetexas.org

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