



Texas Parent to Parent

Texas Parent to Parent Statewide Resource Information

Texas Parent to Parent

(512) 458-8600

(866) 896-6001

www.txp2p.org

A statewide non-profit developed for parents by parents: provides parent to parent matches, emotional support, information, websites, resources, newsletter, training, etc.

Mission:

Texas Parent to Parent supports children with disabilities, chronic illness, and other special healthcare needs by empowering their parents to be advocates for them through peer support, resource referral and public awareness.

Services

Parent Companion

www.Parentcompanion.org

A guide for Texas parents and caregivers of children with diagnosed or suspected disabilities from birth through 5 years of age.

Navigate Life Texas

<https://www.navigatelifetexas.org>

Statewide website created for parents of children with disabilities or special health care needs. Designed to offer support, inspiration, resources and links to services available.

2-1-1

(877) 541-7905

(877) 833-4211 (TTY)

<https://www.211texas.org>

2-1-1 Texas provides information on and access to Medicaid, Food Stamps, Temporary Assistance for Needy Families (TANF), Children's Health Insurance, nursing home care and other services. When callers dial 2-1-1, they are connected to area information centers in their region. 2-1-1 is a public/private partnership with United Way Capital Area and the Texas Health and Human Services Commission. The goal is to be a "one stop" comprehensive, confidential information and community resource.

The Arc of Texas

(512) 454-6694

www.thearcoftexas.org

The Arc of Texas is affiliated with the Arc of the United States and has 48 chapters in Texas working to provide additional supports and services to families throughout the State.

Services (continued)

Texas Health & Human Services (HHS)

ECI (Early Childhood Intervention)

(877)787-8999

<https://hhs.texas.gov/services/disability/early-childhood-intervention-services>

Therapies for children, birth to 3-years-old, provided in home; evaluation of child's physical and mental development. Provision of services related to disability (OT, PT, and Speech). Call to locate provider in your area (based on zip code).

Texas Health & Human Services (HHS)

(855) 937-2372

<https://hhs.texas.gov>

Texas Health and Human Services (HHS) provides millions of Texans with services each year. If you need medical care or food for your children, dignified care in a nursing home or assisted living facility, to find someone to provide services so you can live independently – HHS is at the ready.

Texas Health & Human Services (HHS)

The Blind Children's Vocational and Discovery Program

(877) 787-8999

<https://hhs.texas.gov/services/disability/blind-and-visually-impaired/blind-childrens-vocational-discovery-and-development-program>

For service centers in your region of the state please visit their website.

Texas Health & Human Services (HHS)

Deaf and Hard of Hearing Services

(877) 787-8999

<https://hhs.texas.gov/services/disability/deaf-hard-hearing>

For service centers in your region of the state please visit their website.

Department of Aging and Disability Services (DADS)

(Moved to Health & Human Services)

(855) 937-2372 Long Term Care Services

<https://hhs.texas.gov/services/disability/consumer-directed-services>

Information on long term care services and consumer directed services

CSHCN - Children with Special Health Care Needs

(800) 252-8023

The Children with Special Health Care Needs (CSHCN) is made up of several programs that provide services to children with extraordinary medical needs, disabilities, and chronic health conditions. The CSHCN health care benefits program pays for medical care, family support services, and related services not covered by Medicaid, CHIP, private insurance, or other "third party payor."

<http://www.dshs.texas.gov/cshcn/>

Education

Parent Training and Information Centers (PTI) - Parents of infants, toddlers, children and youth throughout the state of Texas are served under three regional PTI's funded by the U.S. Department of Education, Office of Special Education Programs. Services include training, education, information and referral, emotional support, and technical assistance.

(800) 866-4726 Partners Resource Network, Inc.

www.PartnersTX.org

Parent Training and Information Centers (PTI)

PATH Project PTI serving ESC Regions 5-13

Coordinating Office

(800) 866-4726

<http://prntexas.org/texas-ptis/path-project/>

Parent Education Network (PEN)

Coordinating Office PTI serving ESC Regions 14-19

(833)847-2686

<http://prntexas.org/texas-ptis/pen-project/>

Together Everyone Achieves More (TEAM Project)

Coordinating Office PTI serving ESC Regions 1-4 and 20

(877) 832-8945

<http://prntexas.org/texas-ptis/team-project-2/>

WrightsLaw

(866) 398-1022

www.wrightslaw.com

Information about special education law and advocacy for children with disabilities.

Advocacy

Disability Rights Texas

(800)-252-9108

A Federally funded agency (every state has one) that advocates for people with disabilities. They can only help people whose issues are one of their current priorities although their website has lots of useful information and they can send you information. Sometimes a call can get you an answer to a specific question. State office located in Austin, with branches around the state.

www.disabilityrightstx.org

Insurance

CHIP- Children's Health Insurance Program

(800) 647-6558

A national program designed for families who earn too much money to qualify for Medicaid, yet cannot afford to buy private insurance.

<http://www.chipmedicaid.com/>

Insurance (continued)

HIPP –Health Insurance Premium Payment Reimbursement Program

(800) 440-0493

This is a Medicaid program that pays for the cost of premiums, coinsurance, deductibles, and other cost sharing. The program reimburses the policy holder due to private health insurance payroll deductions for Medicaid eligible persons when it is determined to be cost effective.

www.gethipptexas.com

Medicaid

(800) 252-8263

Low-income families may qualify for this program by income or in extreme situations when medical expenses exceed income .you can also see website for various other Medicaid programs like Kidney Health Care, Medical Transportation and others

www.hhsc.state.tx.us/medicaid/contacts.shtml

SSI (Supplemental Security Income)

(800) 772-1213

Monthly payment and Medicaid; based on family income and resources if child is under age 18; based on individual if over age 18.

www.ssa.gov/

Centers for Medicare and Medicaid Services

Pre-Existing Condition Insurance Plan (PCIP)

(866) 717-5826

Federal Program – Providing health coverage for eligible children and adults with pre-existing conditions.

www.cms.gov/CCIIO/Programs-and-Initiatives/Insurance-Programs/Pre-existing-condition-Insurance-Plan.html

Medicaid Waiver Programs

These programs are based on child's income (not the parents) in order for them to qualify for Medicaid and receive additional services that will allow a child to remain in the community as opposed to a nursing home or institution. The programs provide funding for a personal attendant, respite, therapies, adaptive aids, home and vehicle modifications, etc.

The below listed programs are all found on the following websites:

<https://hhs.texas.gov/services/disability>

<https://hhs.texas.gov/services/disability/consumer-directed-services>

<https://www.navigatelifetexas.org/en/insurance-financial-help/texas-medicaid-waiver-programs-for-children-with-disabilities>

MDCP (Medically Dependent Children's Program)

(877) 438-5658

This program provides a variety of services to support families caring for children who are medically dependent and to keep the children in their communities.

Medicaid Waiver Programs (continued)

In-Home and Family Support Services

(855) 937-2372

This program provides direct grant benefits to adults and children with disabilities to purchase services to let them live in the community.

(Waiting list)

CLASS (Community Living Assistance Support Services)

(877) 438-5658

This program provides home- and community-based services to people with related conditions as a cost-effective alternative to placement in an intermediate care facility. (A related condition is a disability, other than mental retardation, that originated before age 22 and that affects the ability to function in daily life.) (Waiting list)

Star Plus Long Term Services

(855) 839-3237

This program provides home- and community-based services to people who are elderly and to adults with disabilities as a cost-effective alternative to living in a nursing home. (Waiting list)

MRLA (Mental Retardation Local Authority) or HCS (Home and Community Services)

(800) 458-9858

MHMR Medicaid waiver programs
(Waiting list)

Texas Home Living Program (TxHmL)

(Contact Local Authority)

Provides selected essential services and supports to people with intellectual and developmental disabilities who live in their family homes or their own homes.

Youth Empowerment Services (YES) Waiver

Bexar and Travis Counties only

(512) 838-4358

(512) 838-4363

Services for children and adolescents with severe emotional disturbances and their families. Ages 3-18 years.

You may need to contact your local Texas Department of Aging and Disability Services to find out what specific Medicaid Waiver Programs are available in your area.

National Resources

Center for Parent Information and Resources

(973)642-8100

Disability library and information on related services.

www.Parentcenterhub.org/resources

eParent

(877) 372-7368

www.eparent.com

eParent.com is an online multi-media company dedicated to be the ultimate resource for everything related to the special needs community

NORD (National Organization for Rare Disorders)

(800) 999-6673

www.rarediseases.org

Information and referrals on rare disorders

MUMS (Mothers United for Moral Support)

(920) 336-5333

(877) 336-5333

(toll free for parents only)

www.netnet.net/mums/

National parent to parent network which provides information and emotional support to parents whose child has a rare disorder.

NIH (National Institute of Health)

(301) 496-4000

www.nih.gov

Stephen Groft at the office of rare diseases provides information on which hospitals and physicians are doing research or clinical trials on any disease

NAMI (National Association for Mental Illness)

(800) 950-6264

www.nami.org

Provides information and training programs for caregivers of individuals with mental health issues or brain disorders

National Fathers Network

(425) 653-4286_

www.fathersnetwork.org

Provides training and emotional support for fathers of children with special health care needs and developmental disabilities.

Please visit the website **Resource Directory on Navigate Life Texas** for other resources that may be available in your area. www.navigatelifetexas.org

09/14/2018