



# Texas Parent to Parent Waco, Temple and Vicinity Resource Information

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## Texas Parent to Parent

(512) 458-8600

(866) 896-6001

[www.txp2p.org](http://www.txp2p.org)

A statewide non-profit developed for parents by parents: provides parent to parent matches, support, information, website, resource, newsletter, etc.

### Mission:

Texas Parent to Parent supports children with disabilities, chronic illness, and other special healthcare needs by empowering their parents to be advocates for them through peer support, resource referral and public awareness.

## Local Resources

### Texas Health & Human Services (HHS)

#### ECI (Early Childhood Intervention)

(877)787-8999

<https://hhs.texas.gov/services/disability/early-childhood-intervention-services>

Therapies for children, birth to 3-years-old, provided in home; evaluation of child's physical and mental development. Provision of services related to disability (OT, PT, and Speech). Call to locate provider in your area (based on zip code).

Bell County: Central Counties Services/ECI Child Team (254) 773-6787

McLennan County: Klaras Children's Center ECI (254) 296-7089

### Heart of Texas Region MHMR Center

(254) 752-3451

Linkages to other services and waiting lists, respite, case management. Counties covered: McLennan, Bosque, Hill, Falls, Freestone & Limestone

(866) 752-3451 Crisis Hotline

<http://www.hotrmhmr.org>

### Parent Companion

[www.Parentcompanion.org](http://www.Parentcompanion.org)

A guide for Texas parents and caregivers of children with diagnosed or suspected disabilities from birth through 5 years of age.

### Navigate Life Texas

<https://www.navigatelifetexas.org>

Statewide website created for parents of children with disabilities or special health care needs. Designed to offer support, inspiration, resources and links to services available.



## Local Resources (continued)

### Heart of Central Texas Independent Living Center (HOTCIL)

[www.hoctic.org](http://www.hoctic.org)

(254) 933-7487

Peer counseling, advocacy, skills training, information and referral and transitional services for people with disabilities.

### The Arc of McLennan County

[www.wacoarc.org](http://www.wacoarc.org)

(254) 756-7491

Expanding opportunities, care and support for persons and families impacted by intellectual and developmental disabilities.

### CSNN (Children's Special Needs Network)

<http://www.special-children.org>

(254) 933-7597

Connecting families with medical, educational and social service resources.

### ESC 12 (Education Service Center)

[www.esc12.net](http://www.esc12.net)

(254) 297-1212

Providing training for parents and professionals, building partnerships between parents, caregivers, schools and communities.

### Caritas of Waco

[www.caritas-waco.org](http://www.caritas-waco.org)

(254) 753-4593

Providing case management, emergency assistance, food pantry, Supplemental Nutrition Assistance Program (SNAP) and a thrift store.

### Parent Training and Information Centers (PTI)

(Partners Resource Network, Inc.)

<http://prntexas.org/texas-ptis/path-project>

(254) 717-6127

The PATH Project is one of three federally funded Parent Training and Information Centers (PTI) serving Texas parents of children and youth with disabilities ages birth -26.

### NAMI Waco

[www.namiwaco.com](http://www.namiwaco.com)

(254) 717-9552

Meetings, support groups, education for families, consumers and professionals. Offering understanding and support to anyone concerned about mental illnesses.



## Local Resources (continued)

### Heart of Texas Autism Network (HOTAN)

<https://www.hotan254.org>

**(254) 733-8965**

Empowering individuals, families and communities touched by Autism Spectrum disorders.

### Local Support Groups

Heart of Texas Down Syndrome Network	(254) 230-9782
Division for Blind Services	(800) 628-5115
REACH Therapeutic Riding Center	(254) 848-7888
Baylor Autism Resource Center	(254) 537-1042
PAC – RELIEF (Parents of Autistic Children)	(254) 633-1358

### **VERY IMPORTANT !!!!!!!**

**There are several waiting lists you should get on now for services that will make a big difference later:**

<b>CLASS (Community Living &amp; Support Services)</b>	<b>(877) 438-5658</b>
<b>MDCP (Medically Dependant Children’s Program)</b>	<b>(877) 438-5658</b>
<b>HCS (Home &amp; Community Services)</b>	<b>(512) 483-5800</b>
<b>TxHmL (Texas Home Living Program)</b>	<b>(512) 438-3011</b>

**These programs provide funding, based on the income of the individual with disabilities (not the family), for therapies, assisted/supported living, home and vehicle modifications, nursing, adaptive aids and more. Waiting lists are years long; so sign up now!**



## **Other Helpful Numbers**

### **SSI (Supplemental Security Income)**

Monthly payment and Medicaid - dependent on family income

(800) 772-1213

### **2-1-1 Texas**

United Way's comprehensive, confidential information and community referral program with a computerized database of services that serves Texas residents.

**For more resources, including resources in other cities/counties of Texas please visit the Resource Directory on <https://www.navigatelifetexas.org>**